

I Saw Three Ships

拍数: 67 墙数: 4 级数: Intermediate - Irish
编舞者: Mikael Mölsä (FIN) - 25 January 2022
音乐: I Saw Three Ships (Instrumental) - ALisa Jones, Mark Howard, John Mock & Stuart Duncan : (CD: Irish Christmas)



Starting point: At the very first second.

Note: The dance starts on the very first second.

ROCK STEP, COASTER STEP, 1/2 RIGHT TURNING PIVOT, SHUFFLE FORWARD

1-2 Rock right forward, recover weight back to left
3&4 Step left back, step right next to left, step right forward
5-6 Step left forward, turn 1/2 to right (now facing 6:00)
7&8 Step left forward, step right next to left, step left forward

TOE TOUCHES WITH HOLDS, SIDE TOUCHES WITH 1/4 RIGHT TURN AND A HOOK

1-2& Touch right toe forward, hold, step right next to left
3-4& Touch left toe forward, hold, step left next to right
5&6& Touch right to right side, step right next to left, touch left to left side, step left next to right
7-8 Touch right to right side, turn 1/4 to right and hook right across left (now facing 9:00)

ROCK STEP, COASTER STEP, 1/2 RIGHT TURNING PIVOT, SHUFFLE FORWARD

1-2 Rock right forward, recover weight back to left
3&4 Step left back, step right next to left, step right forward
5-6 Step left forward, turn 1/2 to right (now facing 3:00)
7&8 Step left forward, step right next to left, step left forward

TOE TOUCHES WITH HOLDS, SIDE TOUCHES WITH 1/4 RIGHT TURN AND A HOOK

1-2& Touch right toe forward, hold, step right next to left
3-4& Touch left toe forward, hold, step left next to right
5&6& Touch right to right side, step right next to left, touch left to left side, step left next to right
7-8 Touch right to right side, turn 1/4 to right and hook right across left (now facing 6:00)

WIZARD OF OZ'S, STEP OUT, STEP OUT, APPLEJACKS

1-2& Step right to right diagonal, lock left behind right, step right next to left
3-4& Step left to left diagonal, lock right behind left, step left next to right
5-6 Step right out, step left out (feet are now about shoulder-width apart)
7& Turn your left toe and right heel to left, return them back to center
8& Turn your right toe and left heel to right, return them back to center (weight is now on left)

Note: You can replace the applejacks with heel splits if applejacks are not your thing or you have a hard time with them.

SAILOR SCUFFS, STEP LOCK, 1/2 LEFT TURNING UNWIND

1&2& Step right behind left, step left next to right, scuff right to right diagonal, step right next to left
3&4& Step left behind right, step right next to left, scuff left to left diagonal, step left next to right
5&6& Step right behind left, step left next to right, scuff right to right diagonal, step right next to left
7-8 Lock left behind right, unwind a 1/2 turn to left (now facing 12:00)

WIZARD OF OZ'S, STEP OUT, STEP OUT, APPLEJACKS

1-2& Step right to right diagonal, lock left behind right, step right next to left
3-4& Step left to left diagonal, lock right behind left, step left next to right

- 5-6 Turn 1/4 to left and step right out, step left out (feet are now about shoulder-width apart) (now facing 9:00)
- 7& Turn your left toe and right heel to left, return them back to center
- 8& Turn your right toe and left heel to right, return them back to center (weight is now on left)
- Note: You can replace the applejacks with heel splits if applejacks are not your thing or you have a hard time with them.**

SAILOR SCUFFS, STEP LOCK, 1/2 LEFT TURNING UNWIND

- 1&2& Step right behind left, step left next to right, scuff right to right diagonal, step right next to left
- 3&4& Step left behind right, step right next to left, scuff left to left diagonal, step left next to right
- 5&6& Step right behind left, step left next to right, scuff right to right diagonal, step right next to left
- 7-8 Lock left behind right, unwind a 1/2 turn to left (now facing 3:00)

BIG SIDE STEP, SLIDE TOWARDS, STEP TOGETHER

- 1-3 Step big step right to right side, slide left towards right, step left next to right

REPEAT
