

Turn Me Loose Two

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Turn Me Loose - Young Divas



No Tags or Restarts

RIGHT SAILOR STEP, 1/4 TURN LEFT, LEFT SAILOR STEP, STEP LOCK SHUFFLE FWD RIGHT & LEFT

1&2 Right foot step behind L, step L to side, step R to R side
3&4 Turning ¼ Left, Left foot step behind R, step R to R side, step L to to L side
5&6 Step R fwd, lock L up behind R, step fwd R.
7&8 Step L fwd, lock R up behind R, step fwd L (9.00)

ROCK FORWARD REPLACE, ½ TURN SHUFFLE TO THE RIGHT, ROLL RIGHT, SHUFFLE FWD

1,2 Rock/step fwd onto R, replace weight onto L,
3&4 ½ turn Right Shuffle fwd R,L,R
5,6 Roll or walk fwd Left Right
7&8 Shuffle fwd Left, Right Left (3.00)

TRAVELLING BACKWARDS, JUMP OUT, OUT, IN, IN, BOUNCE BOUNCE, KICKBALL CHANGE

&1&2 Jump feet out, out, in, in, RL, RL.
&3&4 Jump feet out, out, in, in, RL, RL
5.6 Bounce both heels twice
7&8 Right Kick Ball Change (3.00)

½ TURN PIVOT LEFT, ½ TURN PIVOT LEFT, V STEPS

1-4 Step fwd on Right ½ turn pivot to Left, step fwd Right, ½ pivot Left
5-8 Step Right foot out to 45Deg, step Left out to 45Deg. Step Right foot back to centre, step Left foot back beside Right. (3.00)

RESTART AT NEW WALL

ENJOY

(Some of my students wanted something a little harder than 'Turn Me Loose EZ')