I'm Falling Again



拍数: 32 编数: 2 级数: Intermediate

编舞者: Janice Khoo (MY) - November 2021

音乐: Falling - Jung Kook (정국) : (Harry Styles Cover)



Intro: 16 counts. Start at approx. 22 secs

SEC 1: BASIC NC STEP R, TURN 1/4 R BACK ROCK, SWAY R, FULL TURN L, CROSS ROCK

1-2& Long step on R to right, slightly cross step L behind R, cross step R over L

3-4& Turn ¼ right stepping L back, rock R behind L, step L in place 3:00

5-6& Sway R, ¼ turn L step L fwd, ½ turn L step R back 7-8& ¼ turn L step L to L, cross R over L, recover on L 3:00

SEC 2: STEP BACK, BEHIND SIDE CROSS, 1/2 DIAMOND FALLAWAY

1 Big step back on R diagonally R, extend R arm fwd palm face down 1:30

2& 1/8 R cross L behind R, step R to R 3:00

3 Cross L over R, do a pull down motion both hands in a fist 4:30

4& 1/8 R, cross R over L, step L to L 6:00

5 1/8 R, step R back, extend R arm fwd palm face down 7:30

6& 1/8 R, cross L behind R, step R to R 9:00

7-8 Step L fwd, step R fwd 9:00

SEC 3: BASIC NC STEP L, TURN 1/4 L, BACK ROCK, BASIC NC L, SWAY R L

Long step on L to L, slightly cross R behind L, cross L over R
 Turn 1/4L stepping R back, rock L behind R, step R in place 6:00
 Long step on L to L, slightly cross R behind L, cross L over R

7-8& Sway R, sway L, step R beside L

SEC 4: CROSS BACK BACK (2X) CROSS BACK, BACK ROCK, 2 WALKS FWD

1&2 Cross L over R, step R back diagonal R, step L slightly behind R
 &3& Cross R over L, step L back diagonal L, step R slightly behind L

4&5 Cross L over R, step R back diagonal R, rock L back

6 Hook R over L, leaning back with arms open (Easy option : touch R next to L, crouch, drop arms to side)

7-8 Step R fwd, step L fwd

TAG: At the end of wall 4

SEC 1: CHASSE TURN 2X, HOLD

1-2& Step R to R, step L fwd, ½ turn R
3-4& Step L fwd, step R fwd, ½ turn L 12:00

5-8 Step R fwd, hold for 3 counts

(Styling: Head slowly look up to the ceiling while the arms open outwards from the chest)

SEC 2: HOLD, WALK BACK

1-4 Shift weight back to L, hold for 3 counts

(Styling: Bring arms back in while lowering your gaze to the floor, drop arms to sides)

5-8 Walk back R L R L (small steps)

(Option : Sweep R L R L)

SEC 3: BALL CROSS, UNWIND ½ TURN R

&1 Step R next to L, cross L over R

2-4 Unwind ½ turn R over 3 counts, keeping weight on L 6:00

END: At the end of Wall 5 12:00

1-2& Long step on R to R, step L slightly behind R, cross R over L
 3-4& Long step on L to L, step R slightly behind L, cross L over R

5 Step R slightly fwd, bend body fwd and slowly straighten back up as the music fades

(Option : Step R fwd, place L behind R, curtsy)

Sequence: 32 32 32 32 Tag 32 End

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