

La Lambada Remix

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 2 级数:
编舞者: Abadi Haria (INA) & Katarina Sherrina (INA) - January 2022
音乐: La Lambada (Mad Morello Remix) - Kaoma



No Tag & 1 Restart (On Wall 4 After 48c With Change Step)

S1. Side-Together-Side Chasse(R/L) With Lambada Style

1-2. Step Rf To R, Step Lf Next To Rf
3&4. Step Rf To R, Step Lf Next To Rf, Step Rf To R
5-6. Step Lf To L, Step Rf Next To Lf
7&8. Step Lf To L, Step Rf Next To Lf, Step Lf To L

S2. Touch- Coaster Step, Touch- 1/4l. Coaster Step

1-2 Touch Rf Toe Fwd, Touch Rf Toe To R
3&4. Step Back On Rf, Step Lf Next To Rf, Step Rf Fwd
5-6. Touch Lf Toe Fwd, Touch Lf Toe To L
7&8. Turn 1/4 L. Step Back On Lf, Step Rf Next To Lf, Step Lf Fwd

S3. Toe Strut With Bump

1-2. Touch Rf Toe Fwd While Hip Bump To R, Step Rf To Centre
3-4. Touch Lf Toe Fwd While Hip Bump To L, Step Lf To Centre
5-8. ---- Repeat 1-2. & 3-4 -----

S4. Skate-Skate- Diagonal Fwd Shuffle (R/L)

1-2. Skate R/L
3&4. Step Rf Diagonal R Fwd, Step Lf Next To R, Step Rf Diagonal R Fwd
5-6. Skate L/R
7&8. Step Lf Diagonal L Fwd, Step Lf Next To Rf, Step Lf Diagonal L Fwd

S5. Walk Back - Touch (R/L/R/L) With Shimmy

1-4 Step Back On Rf, Touch Lf Fwd, Step Back On Lf, Touch Rf Fwd . While Shake Your
Shoulder
5-8. ----- Repeat 1-4 -----

S6. Vine With Touch (R/L)

1-4. Step Rf To R, Cross Lf Behind Rf, Step Rf To R, Touch Lf Next To Rf
5-8. Step Lf To L, Cross Rf Behind Lf, Step Lf To L, Touch Rf Next To Lf
(Restart On W4 - Change Step : Turn ¼ L. Step Lf Fwd (7), Touch Rf Next Lf (8)

S7 . Rocking Chair, 1/8 L. Paddle (2x)

1--4 Rock Rf Fwd, Recover On Lf ,Rock Back On Rf, Recover On Lf
5-8 Step Rf Fwd Diag R, Turn 1/8l. Lf In Place, Step Rf Diag R Fwd, Turn 1/8 L. Step Lf Next To
Rf

Enjoy The Dance & Have Fun

Contact : Abadiharia331@Gmail.Com & Ksherrina@Ymail.Com