

Runaway Samba

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Adrian Churm (UK) - January 2022
音乐: The Greatest show - Dj Ice : (Album: Very Latin 5)
或: Shape of You - Zero : (Album: Hot Rhythm 2 - iTunes)



Alternate music Shape of You (Samba 51BPM), by Zero, Album Hot Rhythm 2 (iTunes).
Or any Latin samba that you like, tempo 50bpm (approx.)

Sec1. Walk right, left, step lock left behind right, back lift left leg, coaster step, botafogo (samba step)

1 - 2 Step right forward, step left forward.
&3 Step right forward on right, lock left behind right (both steps lift onto toes).
&4 Small step back with left, raise right leg up & forward (leg straight).
5&6 Step right back, close left next to right, step right forward.
7a8 Step left forward, rock right out to the right side, recover onto left. [12]

Sec2. Across, hold, traveling cross volta, side rock, recover, behind, side, across.

1 - 2 Step right across left, hold.
a3a4 Step left to the left side, step right across left, step left to the left side, step right across left,
5 - 6 Rock left out to the left, recover onto right
7&8 Step left behind right, step right to the right side, step left across right. [12]

Sec3. ½ volta turns right & left, mambo, lock step back.

a1a2 Make a ½ turn right, step onto right foot, very small step to left side, step right across left.
a3a4 Make a ½ turn left, step onto left foot, very small step to the right side, step left across right.
Note the above volta turns are done almost on the spot.
5&6 Rock forward onto right, recover back onto left, small step back right.
7&8 Step left back, lock right in front of left step left back. [12]

Sec4. Sweep rocks x 2 (alternative is batucadas), sweep behind, side across, ¾ volta turn left.

1&2 Sweep right foot from front to back, recover forward onto left, recover back onto right.
3&4 Sweep left foot from front to back, recover forward onto right, recover back onto left.
Note the above sweeps and rocks can be replaced with two of the more advanced samba batucada
5&6 Sweep right behind left, step left to the left side, step right across left.
a7a8 Make a ½ turn left, step onto left foot, very small step to the right side, ¼ turn left (end on left). [3]

Sec.5 Corta Jaca to right, side rock, recover, cross, corta jaca to left, side rock, recover, cross.

1& Right heel forward (slightly to the right), slip left foot in leftwards.
2& Right toe back (slightly to the right), slip left foot in leftwards.
3&4 Rock right out to the right side, recover onto left, step right across left
5& Left heel forward (slightly to the left), slip right foot in rightwards.
6& Left toe back (slightly to the left), Slip right in rightwards.
7&8 Rock left out to the left side, recover onto right, step left across right.

Note Both Corta Jaca variations can be replaced with a simple weave right and then left. [3]

Sec6. Rumba box turned ¼ left, forward rock, coaster step.

1&2 Step right to the side, close left towards right, ⅛ turn left stepping right back.
3&4 ⅛ turn left stepping left to the side, close right towards left, step left forward.
5 - 6 Rock right forward, recover back onto left.
7&8 Step right back, close left next to right, step right forward. [12] P.T.O

Sec7. Samba reverse turn, Mambo forward, hitch, 3 small runs back, hitch

- 1a2 Step left foot forward, $\frac{1}{4}$ turn left right foot to the side, $\frac{1}{4}$ turn left end left crossed in front of right
- 3a4 Step right foot back prepare to turn, $\frac{1}{2}$ turn left right forward, close right next to left.
- Note easy option with no turn two shuffles or locksteps forward**
- 5&6& Rock forward onto left, recover back onto right, small step back left, hitch right knee.
- 7&8& Small runs back Right, Left, Right, hitch left knee up. [12]

Sec8. Coaster step $\frac{1}{4}$ turn left with points, cross rock, side rock, step back, close.

- 1&2 Step left foot back, close right next to left, step left forward.
- 3&4 $\frac{1}{8}$ turn left right points out to right, right touches next to left, $\frac{1}{8}$ turn left right points out to right.
- 5&6& Rock right across left, recover onto left, rock right out to the side, recover onto left.
- 7 - 8 Step right long step back (raising arms shoulder height palms up) close left to right. [9]

Happy Dancing
