SaCRiFice



编舞者: Andrico Yusran (INA) & Sofyan Anas (INA) - January 2022

音乐: Sacrifice - The Weeknd



Restart: on walls 2 & 6 after 16 counts

Start dance after intro 16 counts (on Lyrics)

S1. *WALK FORWARD - SCISSOR - SIDE - BOUNCE DIAGONAL - CROSS BEHIND - SIDE - CROSS*

1-2 Step R - L walk forward

3&4 R to side, L close beside R, R cross over L

5&6 L to side, making both heel up & drop diagonal (10.30)

7&8 R cross behind L, L side, R cross over L

S2. *SIDE ROCK - CROSS BEHIND - 1/4 TURN TO R - FORWARD - TRIPLE FULL TURN TO L (sweep) - COASTER STEP*

1-2 Step L side , R recover

3&4 L cross behind R, R 1/4 turn to R, L forward

5&6 R forward 1/2 turn to L , L in place , R back 1/2 turn to L with L back sweep

7&8 L back, R close beside L, L forward (weight on R)

(Restart Here on 2 & 6 ...weight on L)

S3. *BACK SWEEP - BACK SIT POSITION - HOLD - BALL FORWARD - FORWARD - BIT BOTH JUMP - SWIVEL*

1-4 Step L back sweep, L back, R back sit position with L touch heel up, HOLD (weight on R)

&-5-6 L ball beside R , R- L forward

7&8 Bit BOTH Jump, making knee swivel R to L with heel both UP

S4. *FORWARD - CLOSE (bounce) - FORWARD ROCK - BACK DRAG (heel) - COATER STEP - WALK FORWARD*

1&2 Step R forward , L close beside R with both heel up & drop

3&4 R forward , L recover , R back slightly with L heel

5&6 L back, R close beside L, L forward

7-8 R - L walk forward

Dancing with Your Heart...♥