

# Perfect One

COPPERKNOB  
STEPSHEETS

拍数: 32                      墙数: 1                      级数: High Beginner  
编舞者: Alice Huo (USA) & Paul Huo (USA) - January 2022  
音乐: Perfect - Ed Sheeran : (Album: Divide, Delux - iTunes)



This dance is specially choreographed with easy-to-follow steps as an entry-level, one-wall NC2S for novice beginners

Start: On the word "Love" Approx 3 sec

Restart Round 7 (R7) at 16 ct

## Section 1: BASIC NC R, SIDE, BEHIND, SIDE, ROCK, RECOVER, ½, ROCK, RECOVER, ½

1, 2&                      Step R to R (1), rock L behind R (2), recover weight R (&  
3, 4&                      Step L to L (3), step R behind L (4), recover weight L (&  
5, 6&                      Rock R fwd (5), recover weight L (6), ½ R step R together (&  
7, 8&                      Rock L fwd (7), recover weight R (8), ½ L step L together (&

## Section 2: R SERPIENTE, CROSS ROCK, RECOVER L & R

1, 2&                      R step forward (1), L step in front of R (2), shift weight to R (&  
3, 4&                      Weave L behind R (3), lift R, draw half circle and land (4), shift weight to L (&  
5, 6&                      R cross rock L (5), recover on L (6), R step to R (&  
7, 8&                      L cross rock R (7), recover on R (8), L step to L (&

## Section 3: SYNCOPATED WEAVE TO L, ROCK, RECOVER, STEP, ROCK, RECOVER, STEP

1&2&3, 4&                      R cross L weave to left (1&2&), R cross rock (3), recover (4), step R (&  
5&6&7, 8&                      L cross R weave to right (5&6&), L cross rock (7), recover (8), L step back (&

Two versions of Section 4 (4A and 4B) are used alternatively for different rounds of this dance

## Section 4A (R1, R3, R5, R8): SLOW WALK, FORWARD, BACK

1, 2, 3, 4&                      Forward R (1), L (2), R (3), L forward rock (4), recover on R (&  
5, 6, 7, 8&                      Backward L (5), R (6), L (7), R back rock (8), recover on L (&

## Section 4B (R2, R3, R4, R6): FULL VOLTA TURN R, SERPIENTE

1&2&3&4&                      R gimpy leg full circle around, alternating weight on R, L  
5, 6&7, 8&                      Circle weave in rhythm of NC2S in the same style as in Section 2

There are a total of 9 rounds. Each round should be finished as follows:

R1 (32 Ct) Finish last 8 ct (Section 4A) with slow walk

R2 (32 Ct) Finish last 8 ct (Section 4B) with full volta turn right and serpiente

R3 (40 Ct) Finish last 16 ct with 8 ct of slow walk (Section 4A) and 8 ct of full volta turn right and serpiente (Section 4B)

R4 (32 Ct) Finish last 8 ct (Section 4B) with full volta turn right and serpiente

R5 (32 Ct) Finish last 8 ct (Section 4A) with slow walk

R6 (32 Ct) Finish last 8 ct (Section 4B) with full volta turn right and serpiente

R7 (16 Ct) Restart after 16 ct

R8 (32 Ct) Finish last 8 ct (Section 4A) with slow walk

R9 (16 Ct) End the dance at L cross rock R, recover on R, stop

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