

# Pickup

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Bradley Mather (USA) - January 2022  
音乐: Pickup - MacKenzie Porter



Intro: 16 counts

## KICK STEP ROCK STEP X2, POINT FRONT, SIDE, HEELS, TOES, HEELS

1&      kick R forward, cross R over L  
2&      rock L to L, recover  
3&      kick L forward, cross L over R  
4&      rock R to R, recover  
5 6      point R across L, point R to R turning toes out (1:30)  
7&8      swivel heels to R, swivel toes to R, swivel heels to R (10:30)

## COASTER, ½ MAMBO, ½ BACK, BACK, COASTER

1&2      L back, R together, L forward (12:00)  
3&4      rock R forward, recover ½ R, R forward  
5 6      ½ R stepping L back, step back on R  
7&8      L back, R together, L forward (12:00)

RESTART HERE ON WALL 3 AND 6

## OUT, OUT, SHUFFLE, HEEL GRIND, BALL STEP, STEP

1 2      R to R, L to L  
3&4      R to R, L next to R, R to R

RESTART HERE ON WALL 7 AFTER CHANGING COUNTS 3&4 TO 3 4 OUT R OUT L

5&6      place L heel across R with weight, R to R turning slightly L, L next to R  
&78      step R slightly back, step L forward, step R forward (9:30)

## MAMBO, COASTER PREP, ½, ½, TRIPLE FULL TURN

1&2      rock L forward, recover, step L back (9:00)  
3&4      step R back, step L next to R, step R forward prepping for turn  
5 6      ½ R stepping L next to R, ½ R stepping R forward prepping for turn  
7&8      ½ R stepping L next to R, ½ R stepping R forward, step L forward (9:00)

REPEAT

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