

Wa (와)

拍数: 32 墙数: 4 级数: Improver
编舞者: Eun Mi Lim (KOR) - January 2022
音乐: Wa (와) - Lee Jung-hyun (이정현)
或: Wa (와) - Mr. Pang (미스터팡)



Count In: 32counts before the lyrics start - No Tags & Restarts!

Intro Bonus Dance (32 counts)

Sec 1: V-Step, Side, Touch, 1/4Turn R & Side, Touch

1-2 Step R forward diagonal right, Step L forward diagonal left
3-4 Step R back diagonal left, Close L beside R
5-6 Step R to right side, Touch L toe beside R
7-8 1/4turn R stepping L to left side, Touch R toe beside L

Sec 2: Rocking Chair, Jazz Box 1/4Turn R - Cross

1-2 Rock forward on R, Recover on L
3-4 Rock back on R, Recover on L
5-6 Cross R over L, 1/4turn R stepping back on L
7-8 Step R to right side, Cross L over R

Sec 3: Repeat Sec 1 (V-Step, Side, Touch, 1/4Turn R & Side, Touch)

Sec 4: Repeat Sec 2 (Rocking Chair, Jazz Box 1/4Turn R - Cross)

Main Dance (32 counts)

Sec 1: Vine Step-Hitch, Point, Hitch, Forward Lock Shuffle

1-2 Step R to right side, Step L behind R
3-4 Step R to right side, Hitch L across R
5-6 Point L to left side, Hitch L across R
7&8 Step forward on L, Step R behind L, Step forward on L

Sec 2: Side, Touch, 1/4Turn L & Side, Touch, Side & Hip Bumps, Hips Rolling, Touch

1-2 Step R to right side, Touch L toe behind R
3-4 1/4turn L stepping L to left side (9:00), Touch R toe behind L
5&6 Step R to right side with hip bumps (R-L-R)
7-8 Rolling hips anti-clockwise, Touch L toe forward diagonal left

Sec 3: 1/8 Turn L & forward, 1/2Turn L & Back, Together, Heels Lift & Down

1-2 1/8turn L stepping L forward (7:30), 1/2turn L stepping R back (1:30)
3&4 Close L beside R, Both heel lift, Both heel down
5-6 Step back on R, Touch L toe forward
7-8 Step back on L, Touch R toe forward

Sec 4: 1/8Turn R Sweep & Behind, Point, Behind, point, Forward, 1/2Turn R & Back, Back Rock

1-2 1/8turn R sweeping with step R behind L (3:00), Point L toe to left side
3-4 Step L behind R, Point R toe to right side
5-6 Step forward on R, 1/2turn R stepping back on L
7-8 Rock back on R, Recover on L

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