

# Inner Sand 2022

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Karen Lee (TW) - January 2022  
音乐: Das Herz im Sand - Calimeros



**Intro: 32 Counts, Start on Vocals, \*No Restart , No Tag.**

**S1 : Point & Point & HEEL & HEEL &, Forward Rock, Recover, Shuffle 1/2 R.**

1&2&      Touch RF toe to R Side (1), step RF next LF (&), Touch LF toe to L Side (3), step LF next RF (&)  
3&4&,      Diagonal RF heel forward (3), step RF next to LF (&), Diagonal LF heel forward (4), step LF next to RF (&)  
5-6, 7&8,      Rock RF Forward (5), Recover To LF (6), Turn ¼ R step RF to R side (7), step LF next to RF (&), Turn ¼ R step forward on RF (8) (6:00)

**S2 : Syncopated Jazz Box, Cross Rock, Recover, Side Shuffle.**

1-2&, 3-4      Step LF Forward (1), Step RF Back (2), Step LF to L side (&), Step RF over LF (3), Step LF to L Side (4).  
5-6, 7&8      Cross RF over LF Rock (5), Recover to LF (6), step RF to R side (7), step LF next to RF (&), step RF to R side (8)

**S3 : Rocking Chair, Rock, Forward Rock, Recover, Shuffle 1/2 L.**

1-2-3-4      Step LF Forward Rock, Recover to RF, Step LF Back, Step RF in place  
5-6, 7&8      Rock LF Forward (5), Recover To RF (6), Turn ¼ L step LF to L side (7), step RF next to LF (&), Turn ¼ L step forward on LF (8) (12:00)

**S4 : Kick Ball Step (Twice), Jazz Box 1/4 R.**

1&2,      Kick RF Forward (1), Step RF Down (&), Step LF Forward (2),  
3&4      = 1 & 2  
5-6-7-8      Step RF Forward, Back LF, Turn 1/4 R Step RF To R, Step LF Forward. (3:00)

**Start Again!**

**Enjoy and happy dancing.....**

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