

Diggy Dee

拍数: 32 墙数: 2 级数: Improver
编舞者: Adam Åstmar (SWE) & Malene Jakobsen (DK) - November 2021
音乐: Diggy Dee - Charly Black & Sak Noel : (iTunes)



Intro: 16 counts from the beginning 9 sec. seconds into track - dance begins with weight on L
Restart: There's one restart, happens on wall 4 after 16 counts, you'll be facing 12 o'clock.
Note: Start the dance facing 10.30

[1-8] Syncopated rocking chair, cross, 1/4, syncopated rocking chair, cross, 1/8

1&2& (1) Rock fwd. on R, (&) recover onto L, (2) rock back on R, (&) recover onto L 10.30
3&4 (3) Cross R slightly over L, (&) rock L to L, (4) recover onto R making 1/4 R 1.30
5&6 (5) Rock fwd. on L, (&) recover onto R, (6) rock back on L, (&) recover onto R 1.30
7&8 (7) Cross L slightly over R, (&) rock R to R, (8) recover onto R making 1/8 L 12.00

[9-16] Synchopated jazz box 1/4, cross shuffle, Monterey 1/4

1-2& (1) Cross R over L, (2) step L to L, (&) turn 1/4 R stepping R to R 3.00
3&4 (3) Cross L over R, (&) step R to R, (4) cross L over R 3.00
5-6 (5) Point R to R, (6) turn 1/4 R stepping R next to L 6.00
7-8 (7) Point L to L, (8) step L next to R 6.00

NOTE The only restart is here, you'll be facing 12 o'clock, merely adjust a little so you turn towards 10.30 to start the dance again

[17-24] Cross rock, ball, cross rock, ball, walk walk, mambo step

1-2& (1) Rock R across L, (2) recover onto L, (&) step R slightly R 6.00
3-4& (3) Rock L across R, (4) recover onto R, (&) step L slightly L 6.00
5-6 (5) Walk fwd. on R, (6) walk fwd. on L 6.00
7&8 (7) Rock fwd. on R, (&) recover onto L, (8) step slightly back on R

[25-32] Walk back with shimmy shoulders, coaster cross, side rock 1/8

1-2-3-4 (1-2-3-4) Walk back L, R, L, R and shimmy your shoulders. 6.00
5&6 (5) Step back on L, (&) step R next to L, (6) cross L over R 6.00
7-8 (7) Rock R to R, (8) recover onto L making 1/8 L 4.30

Option When you recover onto L you can flick your R foot before starting again

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