

So Reckless

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Venny Liebe (INA) - January 2022
音乐: Reckless - Madison Beer



SEQUENCES: 32 - 16 - 32 - 32 - 32 - 16 - 16

Intro: 16 counts (approx. 18 secs) Restarts : 2

Sec 1: BACK, SWEEP-CROSS BEHIND, SIDE, STEP-HITCH, BACK, ROCK SIDE, RECOVER, TRANSFER WEIGHT, TOUCH, BIG STEP, ROCK BEHIND, RECOVER

- 1 - 2& Step RF behind LF as you sweep LF back/around. Cross LF behind RF (12.00), Turn 1/8R Step RF side (01.30).
- 3 - 4& Step LF forward as you hitch RF knee forward. Step RF back down, Turn 1/8L Rock LF to L side (12.00),
- 5 - 6& Recover weight onto RF & Step 1/8R open body diagonally (01.30). Slowly Transfer body weight back onto LF (12.00), Touch RF next to LF.
- 7 - 8& Big Step RF to R side. Cross Rock LF behind RF (10.30), Recover weight on RF.

Sec 2: OPEN SPIRAL TURN, RUN FORWARD RF-LF, STEP, SWING SIDE, HITCH, ROCK, RECOVER & SWEEP-CROSS BEHIND x2, SIDE HITCH /*Touch

- 1 - 2& Step LF forward as you make a full R rotation (weight on LF) finishing with RF toe pointed forward. Step RF forward, Step LF forward (10.30).
- 3 - 4& Step & place weight forward onto RF as you Swing LF leg to L side. Bring LF knee in to Hitch, Cross Rock LF over RF.
- 5 - 6 Recover weight on RF as you Sweep LF back/around. Cross LF behind RF** as you Sweep RF back/around.
- 7 & 8 Cross RF behind LF, Turn 1/8L Step LF to L side (9.00), Hitch RF knee.

* Touch RF next to LF ...and RESTART

Sec 3: SIDE, RUN FORWARD LF-RF, CROSS, SPIRAL TURN, STEP, LUNGE, RECOVER, SIDE, STEP, FULL TURN

- 1 - 2& Step RF down beside LF. Step LF forward, Step RF forward.
- 3 - 4& Cross LF over RF. Make a Spiral Turn 3/4R (06.00) end RF Cross over LF, Step LF forward.
- 5 - 6& Lunge forward onto RF. Recover weight back onto LF, Turn 1/4R Step RF to R side (09.00)
- 7 - 8& Step LF forward. Turn 1/2L Step RF back, Turn 1/2L Step LF forward (9.00).

Sec 4: HALF DIAMOND, SWAY, RECOVER, CROSS BEHIND, SWAY, RECOVER, CROSS OVER

- 1 - 2& Step RF to R side. Turn 1/8L Step LF back (7.30), Step RF back.
- 3 - 4& Turn 1/8L Step LF to L side (06.00). Turn 1/8L Step RF forward (4.30), Step LF forward.
- 5 - 6& Turn 1/8L Step RF to R side (3.00) as you Sway R. Recover weight on LF, Cross RF behind LF.
- 7 - 8& Step LF to L side as you Sway L. Recover weight on RF, Cross LF over RF.

*RESTART :

During the second sequence (start the dance facing 3:00), dance to count 16 and restart the dance facing 12:00

During the sixth sequence (start the dance facing 9:00), dance to count 16 and restart the dance facing 6:00

**ENDING :

Wall 7 (start facing 6.00) dance to count 14 (facing 4:30) Make 3/8L turn (facing 12.00) as you point RF to R side, and posed (2 count).

ENJOY THE DANCE

