Always on My Mind



拍数: 32 墙数: 4 级数: High Beginner

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音乐: Always On My Mind - Elvis Presley



Start the dance after 8 counts

SECTION 1: BACKWARD ROCK, RECOVER AND 1/2 TURN TO L, BACKWARD AND SWEEP, CROSS BEHIND, SIDE, CROSS, SIDE TOUCH

1-4 Rock RF backward, recover on LF and 1/2 turn to L, step backward as sweep from front to

back(3,4)

5-8 Cross LF behind RF, step RF to side, cross LF over RF, touch RF toe to R side

SECTION 2: BACKWARD ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS, SIDE, CROSS BEHIND, SIDE, CROSS

1-4 Rock RF cross behind LF, recover on LF, Rock RF to R side, recover on LF

5-6 Cross RF over LF, step LF to L side

7&8 Cross RF behind LF, step LF to L side, cross RF over LF

SECTION 3: SIDE, TOGETHER, FORWARD SHUFFLE, 1/2 TURN TO L WITH PIVOT, 1/4 TURN TO L WITH PIVOT

1-2 Step LF to L side, closed RF to LF

3&4 Step LF forward, closed RF to LF, step LF forward

5-8 Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, 1/4 turn to L

changing weight on LF

SECTION 4: FORWARD, SWEEP, FORWARD ROCK, RECOVER AND 1/2 TURN TO L, FORWARD SHUFFLE, FORWARD ROCK, RECOVER

1-4 Step RF forward, sweep LF from back to front, rock LF forward, recover on RF and 1/2 turn

to L

5&6 Step LF forward, closed RF to LF, step LF forward

7-8 Rock RF forward, recover on LF

NO TAG, NO RESTART