Lovers & Fools

拍数: 32

级数: Improver

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音乐: Lovers and Fools - Leon Timbo

#16 count into

TEXAS TWO STEP, ROCK

- 1&2 Step right foot forward, step left next to right, step right foot forward3 Step left foot forward
- 4&5 Step right foot forward, step left next to right, step right foot forward
- 6 Step left foot forward
- 7-8 Rock forward as you step your right foot forward, rock back on your left

ROCK, SHUFFLE, STEP ¼ TURN RIGHT, CROSS & CROSS

- 1-2 Rock backward as you step right foot back, step left next to right
- 3&4 Step right foot forward, step left foot next to right, step right foot forward
- 5-6 Step left foot forward, step right foot ¼ turn right
- 7&8 Cross left foot over right, step right foot slightly right, cross left foot over right

GRAPEVINE RIGHT, ROLLING VINE LEFT

- 1-2 Step right foot on the right side, cross left foot behind right
- 3-4 Step right foot on the right side, touch left toe next to right foot
- 5-6 Step left foot ½ turn on the left side, step right foot next to left
- 7-8 Step left foot ½ turn on the left side, touch right toe next to left foot

SQUAT HEEL, SQUAT HEEL, ROCKING CHAIR CROSS

- 1-2 Squat slightly as you bend your knees, place your left heel forward as you stand up
- 3-4 Squat slightly as you step your left foot next to your right while you bend your knees, place your right heel forward as you stand up
- 5-6 Rock forward as you step your right foot forward, rock back on your left
- 7-8 Rock backward as you step right foot backward, rock forward on your left.

Repeat and have fun!

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