

One Direction

拍数: 32 墙数: 4 级数: Intermediate
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音乐: One Direction - Dan + Shay



Intro: 16 counts

After wall 8 do the Tag twice*

SEC 1 - TRIPLE STEP, ROCK STEP, TRIPLE STEP, 1/2 TURN TRIPLE STEP

1&2 Step RF to R side, Close LF beside R , Step RF to R side
3-4 Rock LF back, Recover weight on to R
5&6 Step LF to L side, Close RF beside L , Step LF to L side
7&8 Make ½ turn R stepping RF to R side, Close LF beside R, Step RF to R side

SEC 2 - KICK X2 SAILOR STEP, ROCK BACK/Drag

1,2 Kick LF forward, kick LF to L side
3&4 Cross LF behind R, Step RF to R side, Step LF to L side
5-6 Rock RF forward , Recover on L
7-8 Take a large step back on RF allowing L toe to drag

SEC 3 - ROCK STEP, TRIPLE STEP ½ TURN , ROCK STEP, KICK BALL STEP

1-2 Rock LF back, Recover weight on to R
3&4 ¼ R stepping LF to L side, Step RF next to L, ¼ R stepping back L
5-6 Rock RF back, Recover weight on to L
7&8 Kick RF forward, Step down on R, Step LF forward

SEC 4 - JAZZ BOX ¼ TURN, ROCK STEP , BALL STEP TOUCH

1-2 Cross RF over L , 1/4 turn R step LF back,
3-4 Step RF to R side , Step L across R
5-6& Step RF to R side, Recover weight on L, Step RF next to L
7-8 Take a big Step to L side as you drag RF toward LF, Touch RF next L

*Tag : After wall 8 - Twice

NIGHTCLUB BASIC, WEAVE SWEEP, BEHIND, SIDE 1/4 TURN, STEP 1/2 PIVOT

1,2& Step RF to R side, Close LF to R, Cross RF over L
3-4& 1/4 turn L sweeping RF forward , Cross RF over L , Step LF to L
5-6& Step RF behind L sweeping LF back , Step LF behind R, 1/4 turn R stepping RF forward
7-8& Step LF forward, Step RF forward, 1/2 Turn L