

Don't Shut Me Down

拍数: 32 墙数: 4 级数: Beginner
编舞者: Angela Bartsch (DE) - January 2022
音乐: Don't Shut Me Down - ABBA



RESTART ON WALL 5 after 12 Counts (Step change)

INTRO: 48 SEC.

[1 - 8] K - Step With Touches

1, 2 Step RF diagonal R forward (1), Touch LF next to R (2)
3, 4 Step LF diagonal L back (3), Touch RF next to L (4)
5, 6 Step RF diagonal R back (5), Touch LF next to R (6)
7, 8 Step LF diagonal L forward (7), Touch RF next to L (8) (12:00)

[9 - 16] R/L Lockstep diagonal forward, RF Rockstep forward, Shuffle ½ turn

1 & 2 RF Step forward (1), LF Step behind (&), RF Step forward (2)
3 & 4 LF Step forward (3), RF Step behind (&), LF Step forward (4)

RESTART ON WALL 5, STEP CHANGE ¼ TURN TWICE

5, 6 RF Step forward (5), ¼ turn left (6)
7, 8 RF Step forward (7), ¼ turn left (8)
5, 6 RF Step forward (5), recover on LF (6)
7 & 8 RF ½ turn (7), LF beside RF (&), RF Step forward (8) (6:00)

[17 - 24] Jazzbox ¼ turn left, RF Cross, LF point, LF Cross, RF point

1, 2, 3, 4 LF Step forward (1), RF backwards (2), LF ¼ turn left (3), RF Touch beside LF (4)
5, 6 RF Cross over LF (5), LF point beside RF (6)
7, 8 LF Cross over RF (7), RF point beside LF (8) (3:00)

[25 - 32] RF Step ½ pivot, RF Shuffle forward, LF Rockstep, LF Coasterstep

1, 2 RF Step forward (1), pivot ½ turn (2)
3 & 4 RF Step forward (3), LF beside RF (&), RF Step forward (4)
5, 6 LF Step forward (5) recover on RF (6)
7 & 8 LF Step back (7), RF beside LF (&), LF Step forward (8) (9:00)
