

# Boogie On Down

COPPER KNOB  
STEP SHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Wendy Johansson (CAN) & Anikka Johansson (CAN) - January 2022  
音乐: Let's Groove (Single Version) - Earth, Wind & Fire : (Album: Pure... 80's Dance Party)



Intro: 32 Cts - approx 15 sec into track.

No Tags, No Restarts - Ya Baby ☐

## S1 [1-8] Syncopated Diagonal Lock Steps with touch R/L

1 2            Step R diagonal forward (1:30), hold (2)  
&3 4          Cross L behind R, Step R forward, touch L beside R  
5 6            Step L diagonal forward (10:30), hold (6)  
&7 8          Cross R behind L, Step L forward, touch R beside L

## S2 [9-16] Hip roll/bump with touch R/L; Apple Jacks R/L/R ¼ Turn, bump hips back

1 2            Step R to side, semi-circle hips CCW L to R, touch L out & cross hands in front  
3 4            Step L to side, semi-circle hips CW R to L, touch R beside L & cross hands in front  
5&6&        Fan R toe to R side/swivel L heel in, replace back to center. Fan L toe to L side/swivel R heel in, replace center  
7 8            Fan R toe to R side/swivel L heel in & ¼ Turn right (3:00), drop weight on L and hip bump /booty back

## S3 [17-24] ¾ Box Turn R: Toe Strut with Hip Bumps 3x - ¼ Turns 2x

1 2            Forward toe strut: Ball R forward, R heel down  
3 4            Turning toe strut: Ball L to L side, ¼ Turn R & L heel down (6:00)  
5 6            Side toe strut: Ball R to R side, R heel down  
7 8            ¼ turn R to step L to L side (9:00), ¼ turn R to step R to R side (12:00)

## S4 [25-32] Hip/knee rolls L/R; Skate 4x

1 2            Step L to L side, rolling L hip/L knee out to side  
3 4            Step R to R side, rolling R hip/R knee out to side  
5 6            Skate 2x: up L/up R  
7 8            Skate 2x: down L/down R (finish facing 10:30)

Optional Arms: L arm up diagonal L, R arm up diagonal R, L arm down diagonal L, R arm down diagonal R - index fingers pointing

Musical Moment Option: During Wall 5-skate up L/up R (on Ct 5,6) & hold for Ct 7,8

## S5 [33-40] Travelling Side Pony Step, Rainbow Arm Sweep, Shoulder pop

1&2&3&4      Side Pony travelling diagonally (toward 7:30): Small step L to L side, ball R, small step L side, ball R, small step L to side, ball R bigger step L to L side. Prep arms: L arm in front toward R hip and R arm behind toward L hip.  
5 6            Rainbow Arm Sweep: Sweep L arm up and across body making semi-circle CCW to L, Repeat with R arm  
7 &8          Hold (7), R Shoulder pop/roll back, then forward

## S6 [41-48] Syncopated Lock Step, ¼ Pivot Turn 2x to R

1 2            ¼ turn R to step R diagonal forward (1:30), hold (2)  
&3 4          Cross L behind R, Step R forward, hold (4)  
5 6            Step L forward, ¼ pivot R (4:30)  
7 8            Step L forward, ¼ pivot R (7:30)

Optional Styling on pivots: rib roll CW/arms circle CW in opposition: circle/reach arms front-ribs roll back, then ribs roll forward as arms circle and pull in

**S7 [49-56] Diagonal Shuffle 2x with ¼ Turns; ½ Chase Turn**

1&2 Step L to side, close R, step L forward ¼ turn (4:30)

3&4 ¼ turn L to Step R to side (1:30), close, L, step R forward ¼ turn (4:30)

**Optional Arms: Finger points at hip level on 1&2, Finger points up on diagonal on 3&4**

5 6 Step L diagonal forward, Pivot 1/2 on R (10:30)

7 8 Step L forward, hold (8)

**S8 [57-64] Out Out, Hold, Ball Step side 2x, Touch Turn ½**

&1 2 1/8 Turn to Step R out to R side (12:00), step L out to L side, reach R arm up, hold (2)

&3 4 Ball R beside L (face 1:30 diagonal), Step L to L side, body roll while rolling R arm

&5 6 Ball R beside L, Step L to L side, body roll while rolling R arm

7 8 Touch L behind R, unwind ½ turn to L, replacing weight on L (6:00)

**Ending: on W8 facing 6:00, dance 1st 16 Cts and Hold after hips bump back (facing 9:00) look front.**

**SHAZAM!!! :D Contact: [wendyjohansson1@gmail.com](mailto:wendyjohansson1@gmail.com)**

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