

Boogie On Down

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Wendy Johansson (CAN) & Anikka Johansson (CAN) - January 2022
音乐: Let's Groove (Single Version) - Earth, Wind & Fire : (Album: Pure... 80's Dance Party)



Intro: 32 Cts - approx 15 sec into track.

No Tags, No Restarts - Ya Baby ☐

S1 [1-8] Syncopated Diagonal Lock Steps with touch R/L

1 2 Step R diagonal forward (1:30), hold (2)
&3 4 Cross L behind R, Step R forward, touch L beside R
5 6 Step L diagonal forward (10:30), hold (6)
&7 8 Cross R behind L, Step L forward, touch R beside L

S2 [9-16] Hip roll/bump with touch R/L; Apple Jacks R/L/R ¼ Turn, bump hips back

1 2 Step R to side, semi-circle hips CCW L to R, touch L out & cross hands in front
3 4 Step L to side, semi-circle hips CW R to L, touch R beside L & cross hands in front
5&6& Fan R toe to R side/swivel L heel in, replace back to center. Fan L toe to L side/swivel R heel in, replace center
7 8 Fan R toe to R side/swivel L heel in & ¼ Turn right (3:00), drop weight on L and hip bump /booty back

S3 [17-24] ¾ Box Turn R: Toe Strut with Hip Bumps 3x - ¼ Turns 2x

1 2 Forward toe strut: Ball R forward, R heel down
3 4 Turning toe strut: Ball L to L side, ¼ Turn R & L heel down (6:00)
5 6 Side toe strut: Ball R to R side, R heel down
7 8 ¼ turn R to step L to L side (9:00), ¼ turn R to step R to R side (12:00)

S4 [25-32] Hip/knee rolls L/R; Skate 4x

1 2 Step L to L side, rolling L hip/L knee out to side
3 4 Step R to R side, rolling R hip/R knee out to side
5 6 Skate 2x: up L/up R
7 8 Skate 2x: down L/down R (finish facing 10:30)

Optional Arms: L arm up diagonal L, R arm up diagonal R, L arm down diagonal L, R arm down diagonal R - index fingers pointing

Musical Moment Option: During Wall 5-skate up L/up R (on Ct 5,6) & hold for Ct 7,8

S5 [33-40] Travelling Side Pony Step, Rainbow Arm Sweep, Shoulder pop

1&2&3&4 Side Pony travelling diagonally (toward 7:30): Small step L to L side, ball R, small step L side, ball R, small step L to side, ball R bigger step L to L side. Prep arms: L arm in front toward R hip and R arm behind toward L hip.
5 6 Rainbow Arm Sweep: Sweep L arm up and across body making semi-circle CCW to L, Repeat with R arm
7 &8 Hold (7), R Shoulder pop/roll back, then forward

S6 [41-48] Syncopated Lock Step, ¼ Pivot Turn 2x to R

1 2 ¼ turn R to step R diagonal forward (1:30), hold (2)
&3 4 Cross L behind R, Step R forward, hold (4)
5 6 Step L forward, ¼ pivot R (4:30)
7 8 Step L forward, ¼ pivot R (7:30)

Optional Styling on pivots: rib roll CW/arms circle CW in opposition: circle/reach arms front-ribs roll back, then ribs roll forward as arms circle and pull in

S7 [49-56] Diagonal Shuffle 2x with ¼ Turns; ½ Chase Turn

1&2 Step L to side, close R, step L forward ¼ turn (4:30)

3&4 ¼ turn L to Step R to side (1:30), close, L, step R forward ¼ turn (4:30)

Optional Arms: Finger points at hip level on 1&2, Finger points up on diagonal on 3&4

5 6 Step L diagonal forward, Pivot 1/2 on R (10:30)

7 8 Step L forward, hold (8)

S8 [57-64] Out Out, Hold, Ball Step side 2x, Touch Turn ½

&1 2 1/8 Turn to Step R out to R side (12:00), step L out to L side, reach R arm up, hold (2)

&3 4 Ball R beside L (face 1:30 diagonal), Step L to L side, body roll while rolling R arm

&5 6 Ball R beside L, Step L to L side, body roll while rolling R arm

7 8 Touch L behind R, unwind ½ turn to L, replacing weight on L (6:00)

Ending: on W8 facing 6:00, dance 1st 16 Cts and Hold after hips bump back (facing 9:00) look front.

SHAZAM!!! :D Contact: wendyjohansson1@gmail.com
