

Nian Jie Shi Jing (年节时景)

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Improver
编舞者: Ira Barie (INA) - January 2022
音乐: Nian Jie Shi Jing (年节时景) - Felicia Low (罗翎允) : (CNY 2017)



Start dancing after 32 count

I. SIDE, CROSS, SIDE, TOUCH CROSS, TOUCH SIDE, TOUCH CROSS, TOUCH SIDE, HOLD

- 1-4 Step RF to side, cross LF over RF, step RF to side, touch on LF cross over RF
5-8 Touch on LF to L side, touch on LF cross over RF, touch on LF to L side, hold

II. CROSS, BACK, ¼ TURN L, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1-4 Step LF cross over RF, step RF backward, ¼ turn L stepping LF to side, touch on RF beside LF
5-8 Step RF to side, touch on LF beside RF, step LF to side, touch on RF beside LF (9 o'clock)

III. FORWARD SHUFFLE R - L, MODIFIED ROCKING CHAIR

- 1&2 Step RF forward, step LF beside RF, step RF forward
3&4 Step LF forward, step RF beside LF, step LF forward
5-8 Step RF forward, recover on LF, ¼ turn R stepping RF to side, recover on LF (12 o'clock)

IV. MODIFIED ROCKING CHAIR, ½ L PIVOT, ¼ L PIVOT

- 1-4 ¼ turn L stepping RF forward, recover on LF, ¼ turn R stepping RF to side, recover on LF
5-8 ¼ turn L stepping RF forward, ½ turn L (weight on LF), step RF forward, ¼ turn L stepping LF close RF (12 o'clock)

V. SIDE, TOUCH, HOLD, HOLD, SIDE, TOUCH, HOLD, HOLD

- 1-4 Step RF to side, touch on LF beside RF, hold, hold
(count 3-4 both hands like beating drums)
5-8 Step LF to side, touch on RF beside LF, hold, hold
(count 7-8 both hands like beating drums)

VI. WALK FORWARD R-L-R, KICK, WALK BACK L-R-L TOUCH

- 1-4 Step RF forward, step LF forward, step RF forward, kick on LF
5-8 Step LF backward, step RF backward, step LF backward, touch on RF beside LF

VII. LINDY R - L

- 1&2 Step RF to side, step LF together, step RF to side
3-4 Step LF rock back, recover on RF
5&6 Step LF to side, step RF together, step LF to side
7-8 Step RF rock back, recover on LF

VIII. CROSS, POINT, CROSS, POINT, ROCK FORWARD, RECOVER, ½ TURN R, FORWARD SHUFFLE

- 1-4 Cross RF over LF, touch on LF to side, cross LF over RF, touch on RF to side
5-6 Rock RF forward, recover on LF
7&8 ½ turn R stepping RF forward, step LF beside RF, step RF forward (6 o'clock)

IX. WALK FORWARD L-R, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, ½ TURN R, FORWARD SHUFFLE

- 1-2 Step LF forward, step RF forward
3&4 Step LF forward, step RF beside LF, step LF forward
5-6 Rock RF forward, recover on LF
7&8 ½ turn R stepping RF forward, step LF beside RF, step RF forward (12 o'clock)

X. FULL TURN, FORWARD SHUFFLE, ROCKING CHAIR

- 1-2 ½ turn R stepping LF backward, ½ turn R stepping RF forward (12 o'clock)
3&4 Step LF forward, step RF beside LF, step LF forward
5-8 Step RF forward, recover on LF, step RF backward, recover on LF

XI. VOLTA TURN R

- 1-4 ¼ turn R stepping RF forward, step LF together, ¼ turn R stepping RF forward, step LF together
5-8 ¼ turn R stepping RF forward, step LF together, ¼ turn R stepping RF forward, hold (12 o'clock)

XII. VOLTA TURN L

- 1-4 ¼ turn L stepping LF forward, step RF together, ¼ turn L stepping LF forward, step RF together
5-8 ¼ turn L stepping LF forward, step RF together, ¼ turn L stepping LF forward, hold (12 o'clock)

ENJOY THE DANCE !!!

Contact: ira.140289@gmail.com
