

# My Somebody

拍数: 40      墙数: 2      级数: High Improver  
编舞者: Debbie Mabbs (UK) & Lorraine Monahan (UK) - January 2022  
音乐: My Somebody - James TW



Intro: 8 Counts. Start at approx 8 secs.

## SEC 1: LUNGE OUT, FULL TURN, CROSS ROCK, SIDE, BACK, BACK, SIDE

1-2            Lunge R to R side, Recover ¼ on L (9:00)  
&3            Make ½ turn L stepping back on R, make ¼ L stepping L to L side (12:00)  
4&5           Cross Rock R over L, Recover on L, step R to R side  
6&7           Cross L over Right, Step R to R side, step back on L  
8&            Step back on R, Step L to L ½ turn fwd on L diagonal (10:30)

## SEC 2: WALK FWD R,L,R, L TOGETHER, BACK R,L,R, TOUCH UNWIND ¾ ROCK RECOVER

1-2&3           Step R fwd, Step L fwd, Step R fwd, Step together L next to R (weight on L)

### Arms Out to Sides Clicking Fingers)

4&5            Step R back, step L back, step back R  
6-7            Touch L Back, Unwind ¾ over L, Recover on L (6:00)

### Restart Here on Wall 4 - with step change for count 8

8              R Toe Touch next to the L  
8&            Rock R fwd, Recover back on L

## SEC 3: BACK SWEEPS X 2, BEHIND SIDE CROSS, ½ CURVE TURN, ROCK, SIDE

1-2,            Step back on R Sweep L, Step Back on L Sweep R  
3&4            Step R behind L, step L to L side, cross R over L  
5&6            Make a ¼ Curve turn to L, Step L fwd, Step R next to L (3:00)  
&7            Step ¼ Curve turn to L, Step R next to L, Step fwd on L (12:00)  
8&            Cross R over L, step L to L side

## SEC 4: NIGHTCLUB BASIC, WEAVE, HIP SWAYS X 3, SIDE TOUCHES X 2

1-2&           Step R to R side, Rock Back On L, Recover On R  
3-4&5          Step L to L side, step R behind L, step L to L side, step R across L  
6&7&          Sway L to L side, Sway R to R side, Sway L to L side, Touch R next to L  
8&            Step R to R side, Touch L next to R

## SEC 5: NIGHTCLUB BASIC, ROCK RECOVER ¼ FWD, STEP ¼ STEP, FULL TURN, SIDE TOUCHES

1-2&3          Nightclub Basic Step L to L side, rock back on R, Recover on L, Step ¼ step fwd on R (3:00)  
4&5            Step fwd on L, recover ¼ on R, Step fwd on L (6:00)  
6&            Step ½ Turn over L, Step Back ½ turn Over L, putting weight on L (6:00)  
7&8&          Step R to R side, Touch L next to R, Step L to L side, Touch R next to L (Bend R Knee To L)

Last Update - 12 Feb. 2022