

The Ordinary Way

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Lily Cheng (CN), Baoying Yang (CN) & Shiwen (CN) - December 2021
音乐: Ordinary Path (平凡之路) - Westlife



Intro: 7 counts

Sequence: AA BB(16)/A BB/A BB/Ending

Part A: 32 counts

(1-8)R Night club, L Night club, Cross membo ,Sway L,R

1-2& Drag R to R, Cross L behind R, Recover on R
3-4& Drag L to L, Cross R behind L, Recover on L
5-6& Cross R over L, Recover on L, Step R to R
7-8 Sway body to L, Sway to R

(9-16)Walk L,R,L,Sweep L, Sweep R, 1/4 turn R Point, 1/2 turn L Forward, 1/4 turn L sweep

1-3 Walk forward L,R,L
4-6 Step R back sweeping L front to back, Step L back sweeping R front to back, 1/4 turn R
stepping R to R and point L to L(3:00)
7-8 1/2 turn L stepping L forward, 1/4 turn L stepping R back sweeping L front to back

(17-24)L Coaster step, 1/4 turn L Back shuffle, Sweep, 1/4 turn L Sweep, Step, Side

1&2 Step L back, Step R together, Step L forward
3&4 1/4 turn L stepping R back, Cross L over R, Step R back hooking L cross over R
5-6&7 Cross L over R sweeping R back to front, Step R forward, Step L back
8& Step R back sweeping L to back, 1/4 turn L stepping L back, Step R to R

(25-32)Sway L,R, Forward, Rumba box, Rock chair and Spiral turn 3/4 R

1-2-3 Step L to L swaying body to L, Sway body to R, Step L forward
4&5 Step R to R, Step L together, Step R back
6-7-8 Rock L back, Recover on R, Rock L forward turning 3/4 R

Part B: 32 Counts

(1-8)Side ,Touch,Side, Touch,Diamond fall away

1-4 Step R to R, Touch L to R, Step L to L, Touch R to L
5&6 Cross R over L, Step L to L, Step R back hitching L and 1/8 turn L(10:30)
7&8 Cross L behind R, 1/4 turn R, Step L forward(1:30)

(9-16) Diamond fall away, Kick Ball Cross 7/8 turn R, R Chasse

1&2 Cross R over L, 1/8 turn R stepping L back, 1/8 turn R stepping R to R(4:30)
3&4 Step L back, 1/8 turn R stepping R to R, 1/8 turn R Crossing L over R(7:30)
5&6 Kick R forward, Step R in place, Cross L over R turning 7/8 R(6:00)
7&8 Step R to R, Step L together, Step R to R

***on Wall 2 of B, Steps will change to 7&8& then dance to Part A :**

Step R to R, Step L together, Step R to R, Step L together

(17-24)Cross Membo, Cross, Recover, Back shuffle, Sweep, back, Sweep

1-2& Cross L over R, Recover on R, Step L to L
3-4 Cross R over L, Recover on L,
5&6 Step R back, Cross L over R, Step R back Sweeping L front to back
7-8 Step L back sweeping R front to back, Step R back bedding L Knee

(25-32)Samba Step, Dig heel, Step, Cross shuffle, Spiral Turn L, L Chasse

1-2&3&	Step L forward, Cross R over L, Step L to L, Dig R heel to R diagonal, Step R in place
4&5	Cross L over R, Lock R to L, Cross L over R
6-7&8	Cross R over L Spiraling turn L, Step L to L, Step R together, Step L to L(6:00)

Restart: On wall 2 after count 16 of Part B, then dance Part A

Ending(18 counts):

(1-16) Repeat 1-16 of Part A

(17-18) 1/4 turn L stepping L back, Step R together, Step L forward(12:00)

Have fun!

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Last Update - 6 Jan 2022
