

Cotton Eye Joe

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 1 级数: High Beginner Country
编舞者: Jonnie Niemand (USA) - November 2020
音乐: Cotton Eye Joe - Southern Raised



(start on measure 7: count 25)

No Tags or restarts

I choreographed this to the Rednex version - starting on measure 9, count 33. Evidently it is copyrighted, so I found this music worked for

youtube - there are many to choose from and I am sure you will find a favorite.

**Easily made into a 2 or 4 wall dance with the paddle turn at end - just adjust your amount of turn.

Choreographed in memory of 'Linda' and to "The Tuesday Morning Ladies"

A group of us - between 64 and 77 years old - 'danced our way' every week through covid: Ann, Edith, Jonnie (the

choreographer), Marlene, Melida, Nimmi & Stacy. At 72 years old, this is the first one I have put in written form and plan to

put it on 'you-tube' to 'see and follow' (or, at least try, as I have never done this before). If it works, I will add a lovely waltz.

ENJOY, HAVE FUN, KEEP DANCING!

SECTION I: Rt 2 HEEL-2 TOE / side HEEL-TOE, SIDE CHASSE

1,2,3,4 Touch R heel forward 2x (1, 2), touch R toes back 2x (3, 4)

5,6,7&8 Touch R heel to side (5), touch R ball of foot next to L instep (6), chasse to R (7&8 R,L,R)

SECTION II: Lt 2 HEEL-2 TOE / side HEEL-TOE, SIDE CHASSE

1,2,3,4 Touch L heel forward 2x (1, 2), touch L toes back 2x (3, 4)

5,6,7&8 Touch L heel to side (5), touch L ball of foot next to R instep (6), side chasse to L (7&8 L,R,L)

SECTION III: ¼ turn Rt CHASSE with HOP ½ turn - Lt SIDE CHASSE / Rt SIDE SLIDES, ¼ turn

1&2& R Step with ¼ turn R (1-face 3:00), together L (&), side R (2) and hop ½ turn (&) to face 9:00

3&4 Side Chasse L(3),R (&), L(4) note: you are still moving Left toward 6:00 but facing 9:00

5&6&7&8 STILL FACING 9:00 but moving to the Right- Step side R (5), together L (&), R (6), together L (&), R (7), together L (&), ¼ turn R on R foot to face 12:00 (8)-(i.e.-3 slides & turn forward to 12:00)

SECTION IV: Lt HEEL, Lt HEEL, 2 CROSS SHUFFLE / 2 HEEL JACKS

1,2,&3&4 2 L heel touches forward (1,2), step side L (&), cross R over L (3), side L (&), cross R over L (4)

&5&6&7&8 step back onto L foot (&), touch R heel forward (5) (heel jack) step forward onto R foot (&) & touch ball of L by R foot (6) step back onto L foot (&), touch R heel forward (7) (heel jack) step onto R foot (&) & touch ball of L by R foot (8)

SECTION V: 2 Rt HEEL, together, HEEL SPLIT / REPEAT Lt

&1,2,3,&4 Shift weight to L foot (&) as you perform 2 R heel touches forward (1, 2), replace R beside L (3), Heel split out (&), in (4)

5,6,7,&8 2 L heel touches forward (5, 6), replace L beside R (7), Heel split out (&), in (8)

SECTION VI: 4 'CHUG' or 'PUSH' steps Right/ PADDLE TURN to Lt **(adjust here for 2 or 4 walls)

1&2&3&4 Moving to the R: push from both feet and land on the R foot (1) with the L foot extended to the left, bring L foot in to R (&) push from both and land on R (2) and bring L foot in (&), push from both and land on R (3) and bring L foot in (&) and push from both feet and land on R (4)

5&6&7&8 Step ¼ turn L (1) , 'push' or touch ball of R beside L (&) and repeat to move in a complete circle - L (2), R push (&) - L (3), R push (&) L (4). (or partial circle, if you want to adjust: go ¾ around (3:00) for a 4 wall dance - go ½ way (to 6:00) for a 2 wall dance).

Your Rt foot is free and you repeat the dance again with Section I: Rt heel/toe touches, etc
