

Numa Numa

拍数: 32 墙数: 4 级数: Improver
编舞者: Yohanes Michael (INA) - December 2021
音乐: Numa Numa 2 (feat. Marley Waters) - Dan Balan



Intro 30 counts

Tag : 32 counts

At the end of wall 3 face 12.00, wall 6 face 06.00, wall 8 face 06.00

Sequence 1: Stomp-swivel, Coaster Step, Stomp-swivel, Coaster Step

1 & 2 Stomp RF Forward (1), Swivel both heel to R side (&), Swivel both heel back in place (2)
3 & 4 RF Step back (3), LF Step next to RF (&), RF step forward (4)
5 & 6 Stomp LF Forward (5), Swivel both heel to L side (&), Swivel both heel back in place (6)
7 & 8 LF Step back (7), RF Step next to LF (&), LF step forward (8)

Sequence 2: ¼ Paddle turn, Jazz box

1 2 Step RF forward (1), Making ¼ turn to left with hip roll facing 09.00 (2)
3 4 Step RF forward (3), Making ¼ turn to left with hip roll facing 06.00 (4)
5 6 7 8 Cross RF over LF (5), Step LF back (6), Step RF to side (7), Step LF forward (8)

Sequence 3: Walks, Side Shuffle, Half Pivot Turn, Forward Shuffle

1 2 Step RF forward (1), Step LF Forward (2)
3 & 4 Step RF forward facing 03.30 but the body still on 12.00, Step LF next to RF, Step RF forward facing 06.00

Noted : Raised up and down for both of the hand while doing shuffle

5 6 Step LF forward, Make a ½ turn to Right facing 12.00 and change the bodyweight to RF
7 & 8 Step LF forward, Lock RF behind LF, Step LF forward

Sequence 4: Bota Fogo, Kick ball step, ¼ Turn to Left

1 & 2 Cross RF over LF, Step LF to side, Recover with RF
3 & 4 Cross LF over RF, Step RF to side, Recover with LF
5 & 6 Kick with RF, Step RF back, Recover with LF
7 8 Step RF Forward, Making ¼ to left facing 09.00 with the bodyweight on LF

TAG:

Noted : the focus is on the hand, we just soft the knee and bouncing while doing the hand movement

Sequence 1:

1 2 Wave both of hand vertically in front of the chest facing 13.30
3 4 Clap, clap facing 13.30
5 6 Wave both of hand vertically in front of the chest facing 10.30
7 & 8 Clap, clap facing 10.30

Sequence 2:

1 2 Wave both of hand vertically in front of the chest facing 13.30
3 4 do the action like calling someone with both of the hand
5 6 Wave both of hand vertically in front of the chest facing 10.30
7 & 8 do the action like calling someone with both of the hand

Sequence 3:

1 2 3 4 Turn with RF facing 06.00 and make a wave with Left hand horizontally
5 6 7 8 Make a wave with Right hand horizontally

Sequence 4:

1 2 3 4 Make a wave with Left hand horizontally

5 6 7 8 Step LF forward facing 03.00, Step RF forward facing 12, Step LF forward facing 09.00,
Touch RF next to LF facing 06.00

Enjoy the dance!!
