

The Whole Damn Night

拍数: 72 墙数: 2 级数: Phrased Improver
编舞者: Anna-Maria Mejlon (SWE) - December 2021
音乐: Dance With Me Tonight - Olly Murs



Intro: 56 counts

Seq: (A A A A A A B A A A A A A A)

Section A: 32 counts

step lock step scuff, step lock step scuff

- 1-2 step diagonally forward on R, step L behind R
- 3-4 step diagonally fwd on R, lift L foot slightly back and scrape fwd
- 5-6 step diagonally fwd on L, step R behind L
- 7-8 step diagonally fwd on L, lift R foot slightly back and scrape fwd

step turn ½, step forward kick, step back touch

- 1-2 step fwd with R and hold
- 3-4 turn ½ to the left and hold
- 5-6 step fwd on R, kick fwd with L
- 7-8 step back on L, touch R next to L

swivels to the R, swivels to the L

- 1-2 point both heels to right side, point both toes to right side
- 3-4 point both heels to right side, hold
- 5-6 point both heels to left side, point both toes to left side
- 7-8 point both heels to left side, hold

slow jazz box

- 1-2 cross R over L, hold
- 3-4 step back on L, hold
- 5-6 step R to right side, hold
- 7-8 step L next to R hold

Section B: 40 counts

- 1-8 point with fingers from L to R while bumping your hips to the left 8x
- 1-4 kick, kick diagonally forward with R foot, kick, kick diagonally back with R foot
- 5-8 kick, kick diagonally forward with R foot, kick, kick diagonally back with R foot

- 1-4 jump ½ to the left and bump hips to the right x2, bump hips to the left x2
- 5-8 bump hips to the right x2, bump hips to the left x2

- 1-4 step forward on R hold turning ½ to the left hold
- 5-8 step forward on R hold, turning ½ to the left hold

- 1-4 step diagonally forward on R, touch, step diagonally forward on L, touch
- 5-8 step diagonally back on R, touch, step diagonally back on L, touch

(The B section is inspired by a TikTok dance)