

Jingle Bell Rock

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: High Beginner
编舞者: Mona Gardner (USA) & Jean Henke (USA) - December 2021
音乐: Jingle Bell Rock - Brenda Lee



Introduction: 16-count

Phrased: A, A, B, A, A, B, A, special ending

Note: Based on an unpublished dance of the same name choreographed by LaVon Johnson (2014)

(A)

GROUP 1: STEP-KICK, BASIC, TOUCH

1-2 Step R, kick L
3-4 Step L, kick R
5-6 Step R, L meets R
7-8 Step R, L meets R, touch

GROUP 2: STEP-KICK, BASIC, TOUCH

1-2 Step L, kick R
3-4 Step R, kick L
5-6 Step L, R meets L
7-8 Step L, R meets L, touch

GROUP 3: TURNING VINE RIGHT ½ BRUSH, CONTINUE LEFT, TOUCH

1-2 Step R, L behind R,
3-4 Spin/pivot ½ R, brush
5-6 Step L, R behind L
7-8 Step L, touch R

GROUP 4: SCISSORS RIGHT AND LEFT

1-2 Step R, slide L to meet R (shift weight to L)
3-4 Cross R over L, hold
5-6 Step L, slide R to meet L (shift weight to R)
7-8 Cross L over R, hold

(B)

GROUP 1: STEPS FORWARD

1-2 Step R-L diagonally forward
3-4 Step R diagonally forward, hold
5-6 Step L diagonally forward
7-8 Step L diagonally forward, hold

GROUP 2: MAMBO FORWARD, MAMBO BACK

1-2 Rock forward R
3-4 Recover back on L, R meets L & holds
5-6 Rock back L
7-8 Recover forward on R, L meets R & holds

GROUP 3: STEP-BACK, HOLD, COASTER STEP

1-2 Step back R, hold
3-4 Step back L, hold
5-6 Step back R, L back to meet R
7-8 Step forward R, hold

GROUP 4: SIDE ROCK-RECOVER, BEHIND SIDE CROSS, HOLD

1-2 Side rock L, recover R
3-4 Side rock L, recover R
5-6 Step L behind, R, step R
7-8 Cross L over R, hold

ENDING: 16-Count SPECIAL ENDING (should begin at 6:00 wall)

Paddle turn L by rotating on L while pushing with R for 8-counts to 12:00 wall (4-paddles)

And group 1 of A (kicks and basic R). Could bow on counts 17 & 18.
