

Kick Ass

拍数: 96 墙数: 2 级数: Phrased Intermediate
编舞者: Gold River (IT) - 23 December 2021
音乐: Kick Ass - Bryan Adams



Sequence: A, A, A, B, A (16 Counts), A, A, B, A, A, A, B (16 Counts), B (16 Counts), B, A, A, ENDING

PART A: 32 Counts

S1: STEP TWICE, ROCKIN CHAIR, TURNING STEP

1-2-3-4 R step fw, L step fw, R rock step fw, Recover
5-6-7-8 R rock step back, Recover, R step fw, Turn ½ to L

S2: STEP TWICE, TURNING STEP, ROCKIN CHAIR

1-2-3-4 R step fw, L step fw, R step fw, Turn ½ to L
5-6-7-8 R rock step fw, Recover, R rock step back, Recover

S3: STEP TWICE, TURNING STEP, TUOCH & CLAP

1-2-3-4 R step fw, L step fw, R step fw, Turn ¼ to L
5-6-7-8 R toe to fw, R heel down & clap, L toe fw, L heel down & clap

S4: TURNING STEP, STEP, ROCK STEP, STEP, ROCK STEP

1-2-3-4 R step fw, Turn ¼ to L, R step fw, L rock to L
5-6-7-8 Recover, L behind, R rock to R, Recover

PART B: 64 Counts

S1: KICK, STOMP, SWIVEL & BUMP, ROCK STEP, STEP, STOMP

1-2-3-4 R kick fw, R stomp fw, Swivel both heels out (doing a R hip bump), Swivel both heels in
5-6-7-8 R rock step back, Recover, R step fw, L stomp together

S2: KICK, TURNING HITCH, TOUCH, MONTEREY, TOUCH TWICE

1-2-3-4 L kick fw, Turn ¼ to R & jump to L on R foot (moving L knee up), L together, R toe to R
5-6-7-8 Turn ½ to R & R together, L toe to L, L together, R toe R

S3: JAZZ BOX, TURNING ROCK STEP, STEP TWICE

1-2-3-4 R over L, L step back, R step back, L step fw
5-6-7-8 R rock fw, Recover, Turn ½ to R & R step fw, L together

S4: TURNING HOOK, STEP, TURNING TUOCH & CLAP SERIES

1-2-3-4 Turn ½ to R & R hook, R step fw, L toe fw, L heel down & clap
5-6-7-8 R toe to fw, R heel down & clap, Turn ½ to L & L toe fw, L heel down & clap

S5: STEP X 3, TOUCH, STEP, LOCK, STEP X 2

1-2-3-4 R step fw, L step fw, R step fw, L toe behind
5-6-7-8 L step back, R over L, L step back, R together

S6: STEP, HOOK, STEP TWICE, ROCKIN CHAIR

1-2-3-4 R step back, L hook, L step fw, R step up fw
5-6-7-8 R rock fw, Recover, R rock back, Recover

S7: KICK, STOMP, SWIVEL & BUMP, ROCK STEP, STEP, STOMP

1-2-3-4 R kick fw, R stomp fw, Swivel both heels out (doing a R hip bump), Swivel both heels in
5-6-7-8 R rock step back, Recover, R step fw, L stomp together

S8: KICK, TURNING HITCH, TOUCH, MONTEREY, TOUCH TWICE

1-2-3-4 L kick fw, Turn $\frac{1}{4}$ to R & jump to L on R foot (moving L knee up), L together, R toe to R
5-6-7-8 Turn $\frac{1}{2}$ to R & R together, L toe to side, L together, R toe to side

ENDING: 4 Counts

S1: TURNING STEP, STEP X 2, STOMP

1-2-3&4 R step fw, Turn $\frac{1}{2}$ to L, R step fw, L step fw, R Stomp fw

Last Update: 29 Jun 2022
