

拍数: 32 墙数: 4 级数: High Intermediate

编舞者: Hiroko Carlsson (AUS) - December 2021

音乐: Royals - Lorde: (Spotify)



(starts almost directly)

[S1] Step w/ 1	I/4R Sweep-Cross, Reverse Side Roll-Behind Rock-Side-Touch, 1/4R-Step-Pivot 1/2R
1 2	Step forward on R/making a 1/4 turn right sweeping L around, Cross L over R (3:00)
3&4	Make a 1/4 turn left stepping back on R, Make a 1/2 turn left stepping forward on L, Make a 1/4 turn left stepping R to the side (3:00)
&5	Rock L behind R, Replace weight on R
&6	Step L to the side, Touch R next to L (pop R knee in)
7&8	Make a 1/4 turn right stepping forward on R, Step forward on L, Make a 1/2 turn right recover weight on R (12:00)
[S2] 2x (Fwd-R Touch-Fwd-L Touch)-Rocking Chair, Fwd-1/4L-Recover	

&1&2	Step forward on L, Touch R next to L, Step forward on R, Touch L next to R
&3&4	Step forward on L, Touch R next to L, Step forward on R, Touch L next to R

(Styling: count 1 to 4- Dip down to start and gradually moving up)

&5&6	Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R

7&8 Step forward on L, Make a 1/4 turn left stepping /rock R to the side, Replace weight on L

(9:00)

[S3] Step-Pivot 1/2L w/ Lunge, Recover w/ Hook, Kick-Ball-Fwd-Chase Turn w/Lunge, Recover w/ Hook, Kick-Ball

1 2 3	Step forward on R, Make a 1/2 turn left lunge forward on L, Recover weight on R/hook L over
	R (3:00)

4&5	Kick forward on I	Sten forward on	L. Step forward on R
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Step forward on L, Make a 1/2 turn right lunge forward on R (9:00) &6

78 Recover weight on L/hook R over L, Kick forward on R

[S4] Side Chasse, 1/2L Side Chasse-1/2L Side Rock, 3/4R, 1/4R Side Chasse

1&2	Step R to the side, Step close L to R, Step R to the side
3&4	Making a 1/2 hinge turn left step L to the side, Step close R to L, Step L to the side (3:00)
&5	Making a 1/2 hinge turn left rock R to the side, Replace weight on L (9:00)
6	Make a 3/4 hinge turn right stepping forward on R (6:00)
7&8	Make a further 1/4 turn right stepping L to the side, Step close R to L, Step L to the side (9:00)

Tag at the end of Wall 3 (3:00) - Step w/ 1/4R Sweep-Cross, Modified Figure 8

1 2	Step forward on R/making a 1/4 turn right sweeping L around, Cross L over R (6:00)
3&4	Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R (9:00)
&5	Step forward on L, Make a 3/4 turn right stepping L to the side (6:00)
678	Step L to the side. Step R behind L. Make a 1/4 turn left stepping forward on L (3:00)

The dance finishes at the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 22/Dec/21)