

Bella Ciao

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Astri Dwi (INA) & Diana Hakim (INA) - December 2021
音乐: Bella Ciao - Becky G.



S1. BOTA FOGO - PIVOT TURN 1/2 LEFT

1&2 Cross R over L - Rock L to Side - Recover on R
3&4 Cross L over R - Rock R to side - Recover on L
5-6 Step R Fwd - Turn 1/2 Left weigh on L(6.00)
7-8 Stel R Fwd - Turn 1/2 Left weigh on L(12.00)

S2. HEEL SWITCHES, FOWARD, TOGETHER, BACK LOCK SHUFFLE

1&2& Touch R heel Fwd - Step R Together - Touch L heel Fwd - Step L Together
3-4 Step R Fwd - Step L together
5&6 Step R back - lock L over R - Step R back
7&8 Step L back - Lock R over L - Step L back *

S3. SIDE CHASSE WITH SWEEP, COASTER STEP TURN 1/4 LEFT - BOX STEP

1&2 Step R to side - Step L together - Step R to side and sweep L from side to back
3&4 Turn 1/4 left Step L back - Step R together - Step L fwd
5&6 Step R to side - Step L together - Step R Fwd
7&8 Step L to side - Step R together - Step L fwd

S4. PIVOT 1/2 TURN LEFT, FORWARD LOCK SHUFFLE, SWITCH TOUCHES, COASTER STEP

1-2 Step R fwd - Turn 1/2 Left weight on L
3&4 Step R fwd - Lock L behind R - Step R Fwd
5-6 Touch L Fwd - Touch L to side
7&8 Step L back - Step R together - Step L fwd

Repeat...

*Restart On Wall 4, after 16 Count

Enjoy your Dance....
