Fast & Famous (aka Caribbean Winds)



编舞者: Mikael Mölsä (FIN) - 13 March 2006

音乐: Six Days On the Road - Sawyer Brown: (CD: Line Dance Fever 3)



Note: The dance is called fast & famous, since it was choreographed in 2 minutes for an appearance in a TV-miniseries.

Caribbean Winds is the name of the dance school in the miniseries.

Special thanks to Ilkka Malva for his help with the music.

GRAPEWINE RIGHT, SCUFF, GRAPEWINE LEFT WITH A 1/4 TURN TO LEFT, SCUFF

1-2	Step right to right side, step left behind right
3-4	Step right to right side, scuff left heel forward
5-6	Step left to left side, step right behind left

7-8 Turn ¼ to left by stepping left forward, scuff right heel forward

HIP BUMPS WITH HOLDS, HIP BUMPS

1-2	Step right forward and bump hips to the right at the same time, hold
3-4	Bump hips to the left, hold
5-6	Bump hips to the right, bump hips to the left
7-8	Bump hips to the right, bump hips to the left

KICK, KICK, SAILOR STEP, KICK, KICK, COASTER STEP

ght side

1/ LEFT TURNING PIVOT ROCKING CHAIR SLIDE RIGHT

A LEFT TURNING FIVOT, ROCKING CHAIR, SLIDE RIGHT		
1-2	Step right forward, turn ¼ to the left (weight ends up on the left foot)	
3-4	Rock forward on right, recover weight back on to left	
5-6	Rock back on right, recover weight back on to left	
7-8	Take a big step to the right, step left next to right (weight ends up on the left foot)	

REPEAT