

Good Man

拍数: 32 墙数: 2 级数: Improver
编舞者: Don Pascual (FR) - November 2021
音乐: Good Man to Have Around - Zane Williams



Start on lyrics

Section 1: R & L Heel Hook Heel, step R forward, heel bounces x3 making a L 1/2 T

1&2 Tap R heel forward, R hook in front of L shin, tap R heel forward
&3&4 R beside L, tap L heel forward, L hook in front of R shin, tap L heel forward
&5-8 L beside R, step R forward, 1/2 T left raising and dropping X 3 both heels (ending weight on L)

Restart: Wall 3, restart the dance after section 1 (facing 6h)

Section 2: Shuffle to the R, back rock step, shuffle to the L, back rock step

1&2 Step R to R side, L beside R, step R to R side
3-4 Step L back, recover onto R
5&6 Step L to L side, R beside L, step L to L side
7-8 Step R back, recover onto L

Restarts: Wall 6 (facing 12h) and wall 11 (facing 6h) restart the dance after section 2

Section 3: R heel grind 1/4 Turn R, R coaster step, shuffle 1/2 Turn R, R kick x2

1-2 Dig R heel fwd with toe turned in, grind R heel making a R 1/4 T stepping back on L
3&4 R back step (on ball), L beside R (on ball), step R forward
5&6 1/4 T right & step L to L side, R beside L, 1/4 T right & L back step
7-8 Kick R forward x2

Section 4: Back jump out RL, clap, jump RL forward, clap, 1/4 Turn R & jump RL in place, clap, jump RL forward, clap

&1-2 Back jump out RL (shoulder width), clap
&3-4 Jump forward RL (shoulder width), clap
&5-6 1/4 T right & jump RL in place (shoulder width), clap
&7-8 Jump forward RL (shoulder width), clap

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