

Dancing Hearts 2021

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver waltz
编舞者: Judy Rodgers (USA) - December 2021
音乐: Their Hearts Are Dancing - The Forester Sisters : (CD: The Ultimate C/W Dance Collection Waltz 1)



To dance to Christmas music, see Silver Bells 2021 dance, music Silver Bells by Martina McBride .

Start dancing on lyrics - 1 restart

S1: Cross touch hold, behind touch hold

1-3 Cross L over R, touch R to right side, hold
4-6 Cross R behind L, touch L to left side, hold

S2: Step turn 1/2 L back, back basic

1-3 Step L fwd, turn 1/2 L step R back, step L back 6:00
4-6 Step R back, step L beside R, step R beside L

S3: Cross touch hold, behind touch hold

1-3 Cross L over R, touch R to right side, hold
4-6 Cross R behind L, touch L to left side, hold

***** Restart here on Wall 4

S4: Step turn 1/2 L back, back basic

1-3 Step L fwd, turn 1/2 L step R back, step L back 12:00
4-6 Step R back, step L beside R, step R beside L

S5: Step turn 1/4 R cross, turn 1/4 L, turn 1/4 L, step

1-3 Step L fwd, turn 1/4 R step R to right side, cross L over R 3:00
4-6 Turn 1/4 L step R back, turn 1/4 L step L to left side, step R fwd 9:00

S6: Step kick, back together fwd

1-3 Step L fwd, kick R fwd over 2 counts
4-6 Step R back, step L beside R, step R fwd

S7: Rock recover turn 1/4 L, sway R L R

1-3 Rock L fwd, recover L, turn 1/4 L step L to left side 6:00
4-6 Sway R, L, R

S8: Cross side rock L and R (moving forward)

1-3 Cross L over R to right diagonal, rock R to right, recover L
4-6 Cross R over L to left diagonal, rock L to left, recover R