

Her Name Was Bella

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Ayek Lesmana (INA) - December 2021
音乐: Bella - Maître Gims



Dance starts on main vocals, approx 19 seconds - NO TAG NO RESTART

I. SAMBA WHISK x2 - BACK ROCK - RECOVER - CLOSE - BACK ROCK - RECOVER - CLOSE

1 a2 Step R to side, Ball L slightly behind R, Step R in place
3 a4 Step L to side, Ball R slightly behind L, Step L in place
5 & 6 Rock R back, Recover on L, Close R beside L
7 & 8 Rock L back, Recover on R, Close L beside R

II. WALK - LOCK STEP - DIAMOND ¼ TURN LEFT

1 - 2 Step R forward , Step L forward
3 & 4 Step R forward, Lock L behind R, Step R forward
5 & 6 Cross L over R, Step R to side, Turn 1/8 left Step L back
7 & 8 Step R back, Turn 1/8 left Step L to side, Cross R over L (9:00)

III. SCISSORS - CHASSE - ¼ TURN LEFT - CHASSE - CROSS BEHIND - TOUCH - HIP ROLL

1 & 2 Step L to side, Close R beside L, Cross L over R
3 & 4 Step R to side, Close L beside R, Step R to side
5 & 6 Turn ¼ left Step L to side, Close R beside L, Step L to side
&7 - 8 Cross R behind L, Touch L forward, Roll L hip (option: batucada style) (6:00)

IV. BOTOFOGO - CROSS SHUFFLE - VOLTA ¾ TURN LEFT

1 a2 Cross L over R, Ball R to side, Step L in place
3 & 4 Cross R over L, Step L to side, Cross R over L
5&6 Turn ¼ left Step L forward, Ball R beside L, Turn 1/8 left Step L forward
&7&8 Ball R beside L, Turn 1/8 left Step L forward, Ball R beside L, Turn ¼ left Step L forward (9:00)

Enjoy the dance...

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