

Hold Me Tight or Don't

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Hiroko Carlsson (AUS) - December 2021
音乐: Hold Me Tight Or Don't - Fall Out Boy : (Spotify/Amazon/iTunes)



(16 count intro)

[S1] Side, Behind-Side-Kick-Ball-Cross, Side, Behind-Side-Heel-Ball-Cross

1 2& Step R to the side, Step L behind R, Step R to the side
3&4 Kick diagonally forward on L, Ball step L beside R, Cross R over L
5 6& Step L to the side, Step R behind L, Step L to the side
7&8 Touch diagonally forward on R heel, Ball step R beside L, Cross L over R

[S2] 1/4L Back, Back Rock-Fwd Shuffle, Step-Pivot 1/2L, Kick-Ball-Fwd

1 2& Make a 1/4 turn left stepping back on R, Rock back on L, Replace weight on R (9:00)
3&4 Shuffle forward on L-R-L
5 6 Step forward on R, Make a 1/2 turn left recover weight on L (3:00)
7&8 Kick forward on R, Ball step R next to L, Step forward on L**

[S3] Fwd-Samba 1/4R, Syncopated Weave R, Cross-Samba, Behind-1/4L-Step-Paddle 1/4L

1&2 Step forward on R, Making a 1/4 turn right rock/step L to the side, Replace weight on R (6:00)
3&4& Cross L over R, Step R to the side, Step L behind R, Step R to the side
5&6 Cross L over R, Rock R to the side, Replace weight on L
7& Step R behind L, Make a 1/4 turn left stepping forward on L (3:00)
8& Step forward on R, Make a 1/4 turn left recover weight on L (12:00)

[S4] Fwd, Kick-Back-Coaster Step, Fwd, Kick-Back-Back-1/4R-Side

1 2& Step forward on R, Kick forward on L, Step back on L
3&4 Step back on R, Step L next to R, Step forward on R
5 6& Step forward on L, Kick forward on R, Step back on R
7&8 Step back on L, Make a 1/4 turn right stepping R to the side, Cross L over R (3:00)

Restart on Wall 4 count 16** (12:00) and Wall 8 count 16** (12:00)

TAG: 8 count tag at the end of Wall 9 (3:00) -2x (Side Rock, Cross Shuffle)

1 2 Rock R to the side, Replace weight on L
3&4 Cross R over L, Step L beside R, Cross R over L
5 6 Rock L to the side, Replace weight on R
7&8 Cross L over R, Step R beside L, Cross L over R

Ending suggestion: The last wall finishes facing 9:00.

Make a 1/4 turn right on a ball of L foot crossing R over L (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 15/Dec/21)