

It's a MIRACLE

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Val Saari (CAN) - December 2021
音乐: It's a Miracle - Barry Manilow



EZ TAG & RESTART X 2

INTRO: 48 counts - Begin on the downbeat two beats before the word "wouldn't"

SIDE TOUCHES RL, VINE RIGHT 1/2 R, HITCH

1-4 Step RF to right, Touch LF beside R, Step LF to left, Touch RF beside L
5-6 Step RF to right side, Step LF behind R
7-8 Step RF to right side, Hitch LF & pivot 1/2 R on RF (6:00)

STEP TOUCHES BACK LR, HEEL TWISTS LRLR

1-2 Step LF back, Touch RF beside L (optional shoulder shimmies)
3-4 Step RF back, Touch LF beside R (optional shoulder shimmies)
5-8 Step LF heel down and twist heels LRLR

MODIFIED CROSS MAMBOS (R, L 1/4 PIVOT L)

1-2 RF Cross over L, LF Recover weight
3-4 Step RF toes right, Step heel down
5-6 LF Cross over R, RF Recover weight
7-8 Step LF toes 1/4 pivot L, Step heel down

MAMBO RIGHT, MAMBO LEFT

1-4 RF Rock side right, LF recover, RF close together beside L & hold
5-8 LF Rock side left, RF recover, LF close together beside R & hold*

*EZ TAG & RESTART X 2: 12 Counts, after Wall 4 facing 12:00 and Wall 8 facing 12:00 (background vocals)

K-STEP, HEEL TWISTS RLRL

1-2 Rock RF forward, Touch LF toes beside R
3-4 Step LF back, Touch RF toes beside L
5-6 Rock RF back, Touch LF toes beside R
7-8 Step LF forward, Touch RF toes beside L
9-12 Step RF heel down and Twist heels Right, Left, Right, Left

For my friend, Sandy Dworkin
Email: valeriesaari@icloud.com