

# Mambo No. 5

拍数: 40      墙数: 4      级数:  
编舞者: Unknown - December 2021  
音乐: Mambo No.5 - Lou Bega



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## FORWARD MAMBO, BACK MAMBO, FORWARD MAMBO, BACK MAMBO

1&2      Rock L forward, recover R, step L next to R (weight on L)  
3&4      Rock R back, recover L, step R next to L (weight on R)  
5&6      Rock L forward, recover R, step L next to R (weight on L)  
7&8      Rock R back, recover L, step R next to L (weight on R)

## LEFT MAMBO, RIGHT MAMBO, LEFT MAMBO, RIGHT MAMBO

1&2      L side rock, recover R, step L next to R (weight on L)  
3&4      R side rock, recover L, step R next to L (weight on R)  
5&6      L side rock, recover R, step L next to R (weight on L)  
7&8      R side rock, recover L, step R next to L (weight on R)

## STEP 1/2 TURN, CHA CHA, STEP 1/2 TURN CHA CHA

1,2      Step forward L, 1/2 turn R (weight on R)  
3&4      Step L forward, step R beside L, step L forward  
5,6      Step R forward, 1/2 turn L (weight on L)  
7&8      Step R forward, step L beside R, step R forward

## LEFT CAMEL WALKS, RIGHT CAMEL WALKS

1&2      Step L forward (on the diagonal), step R beside L, step L forward  
&3&4      Step R beside L, step L forward, step R beside L, step L forward  
5&6      Step R forward (on the diagonal), step L beside R, step R forward  
&7&8      Step L beside R, step R forward, step L beside R, step R forward

## JAZZ BOX ON THE SPOT, JAZZ BOX 1/4 TURN LEFT (CLAP)

1,2, 3,4      Cross L over R, step R back, step L beside R, step R slightly forward  
5,6,7,8      Cross L over R, step R back as you 1/4 L, step L forward, step R beside L (CLAP)

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