Feels Good to Be Me

拍数: 32

级数: Beginner

编舞者: Michelle Wright (USA) - December 2021

音乐: Damn It Feels Good To Be Me - Andy Grammer

Dance starts approx.	16 counts in Starts Right on lyrics "Me"
Restart on wall 4 after 16 counts	

Section 1: R side rock, recover, behind, side, Forward, L rocking chair

- 1,2 Step R to R side, recover on L
- 3&4 cross R behind L, Step L to L side, step R forward
- 5,6 Step forward L, recover on R
- 7,8 Step L back, Recover on R

Section 2: L Cross, back, side chasse, R Cross, back, R&L hip bumps

- 1,2 Cross L over R, Step R back
- 3&4 Step L to L Side, Step R next to L, Step L to L Side
- 5,6 Cross R over L, Step L back
- 7,8 Step R to R side as you bump hips R, bump hip L
- Restart here on wall 4 (9:00)

Section 3: R&L Back cross points, Rock back, Recover, forward shuffle

- 1,2 Step R back, Point L to L Side
- 3,4 Step L back, Point R to R side
- 5,6 Step R back, Recover on L
- 7&8 Step R forward, Step next to L, Step R forward

Section 4: Rock Recover, 1/4 turning coaster, 1/2 Camel walk around

- 1,2 Step L forward, Recover on R
- 3&4 1/4 turn L stepping L back, step R next to L, step L forward (9:00)
- 5,6 1/2 turn LStepping R forward as you pop L knee, 1/2 t turn L stepping L forward as you pop R knee
- 7,8 1/₃ turn L Stepping R forward as you pop L knee, 1/₃ turn L step L forward as you pop R knee (3:00)

End of dance! Any questions please email michellelinedance@gmail.com





墙数:4