

Sobrio (Remix)

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Penny Tan (MY) - December 2021
音乐: Sobrio (Remix) - Maluma



Intro: 2 Counts - No Tag / No Restart

SEC1: SYNCOPATED CROSS ROCKING CHAIR , CROSS SAMBA , SYNCOPATED ROCKING CHAIR , FWD (L-R) , PUSH HIPS BACK

1&2& Cross RF over LF , recover on L , step RF back, recover on L
3&4 Cross RF over LF , step LF to L , recover RF on R
5&6& Rock LF fwd, recover on R , rock LF back , recover on R
7&8 Step fwd LF (7),step RF next to LF (&), push hips back(8)

SEC2: FWD ,1/4 TURN L ,RECOVER , CROSS SHUFFLE ,SIDE,RECOVER, CROSS SHUFFLE

1-2 Step RF fwd , ¼ turn L , recover on L
3&4 Cross RF over LF ,step LF to L, cross RF over LF(9:00)
5-6 Rock LF to L ,recover on R
7&8 Cross LF over RF ,step RF to R, cross LF over RF

SEC3: FWD ,RECOVER , ½ TURN R FWD SHUFFLE,SIDE ROCK, RECOVER,1/4 TURN L COASTER STEP

1-2 Rock RF fwd , recover on L
3&4 ¼ turn R , step RF to R, step LF next to RF , 1/4 turn R ,step RF fwd (3:00)
5-6 Rock LF to side , recover on R
7&8 ¼ turn L , sweeping LF to behind and step LF back (7) , step RF next to LF (&) , step LF fwd (8) -(12:00)

SEC4: CROSS SAMBA , ¼ TURN L CROSS SAMBA , (1/8 L TURN PADDLE) X 4

1&2 Cross RF over LF , step LF to L side , recover RF on R
3&4 ¼ turn L , cross LF over RF , step RF to R side, recover LF on L (9:00)
5&6& 1/8 turn L , rock RF fwd with hip roll , recover on L , 1/8 turn L , rock RF fwd with hip roll , recover on L (6:00)
7&8& 1/8 turn L , rock RF fwd with hip roll , recover on L , 1/8 turn L , rock RF fwd with hip roll , recover on L (3:00)

Have fun and happy dancing!

Contact: pennytanml@hotmail.com