Take On Me



拍数: 64 编数: 4 级数: Phrased Improver

编舞者: Kim Eun Jung Cona (KOR) - December 2021

音乐: Take On Me - a-ha



Intro: 48 counts (approx. 17 secs.)

Sequence: Intro dance AAB AAB AAA(16) AAB A(32)BA(16)

INTRO DANCE (48 counts) Start when the beat kicks in

Do dance with step change S6. (5-8) Repeat S6.(1-4)

S6.(5-8) 1/4 Turn to R Jazz Box (facing 12:00)

MAIN DANCE (A: 48 counts, B: 16 counts)

Start on the lyrics

A: 48c

AS1. VINE, TOUCH, (SIDE, FLICK)X2

1, 2	Step RF side to R, Step LF behind RF,
3, 4	Step RF side to R, Touch LF next to RF
5, 6	Step LF side to L, Flick RF behind LF
7, 8	Step RF side to R, Flick LF behind RF

AS2. 1/4 L VINE, TOUCH, (SIDE, FLICK)X2

1, 2 Step LF s	side to L, Step	RF behind LF
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3, 4 1/4 Turn to L and step LF fwd, Touch RF next to LF

5, 6 Step RF side to R, Flick LF behind RF7, 8 Step LF side to L, Flick RF behind LF

AS3. (DIAGONAL FWD, TOGETHER, DIAGONAL FWD, TOUCH)X2

1, 2	Step RF diagonal R fwd, Step LF next to RF
3, 4	Step RF diagonal R fwd, Touch LF next to RF
5, 6	Step LF diagonal L fwd, Step RF next to LF
7, 8	Step LF diagonal L fwd, Touch RF next to LF

AS4. (BACK, KICK)X2, BACK ROC-REC, 1/4 L PIVOT

1, 2	Step RF back, Kick LF fwd
3, 4	Step LF back, Kick RF fwd
5, 6	Rock RF back, Recover on LF

7, 8 Step RF fwd, 1/4 Turn to L and weight on LF

AS5. VAUDEVILLE (R-L)

1, 2	Cross RF over LF, Step LF side to L
3, 4	Touch RF heel diagonal R fwd, Step RF next to LF
5, 6	Cross LF over RF, Step RF side to R
7, 8	Touch LF heel diagonal L fwd, Step LF next to RF

AS6. 1/4 R JAZZ BOX, ROCKING CHAIR w/ SHIMMY

1, 2	Cross RF over LF, 1/4 Turn to R and step LF back
3, 4	Step RF side to R, Step LF fwd
5, 6	Step RF fwd, Recover on LF (with shimmy)
7, 8	Step RF back, Recover on LF (with shimmy)

B:16c

BS1. SIDE, TOUCH w/ HIP BUMP

1, 2 Step RF side to R, Touch LF ball in place

3-8 Hip bump and raise left arm slowly palm facing up

BS2. STEP, TOUCH w/ HIP BUMP

1, 2 Step LF in place, Touch RF ball in place

3-8 Hip bump and raise right arm slowly palm facing up while lowering left arm

Happy dancing~! Thank you~!!

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