

Randy Travis Blues

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ruth Ann Strickland (USA) - December 2021
音乐: Oh, What a Time to Be Me - Randy Travis
或: King of the Road - Randy Travis
或: Hula Hands - Randy Travis
或: Simple Things - Randy Travis



ALT MUSIC:

King of the Road (Randy Travis--1996) 16 counts (3:47)
Hula Hands (Randy Travis--1993) 16 counts (2:13) - Slow Teach
Simple Things (Randy Travis--1993) 16 counts (3:24)

#16 counts Intro

Section 1: (ROCK BACK RECOVER-LOW KICK-TOUCH, GRAPEVINE RIGHT)

1-4 Rock back on RF, recover on LF, low kick with RF, touch RF beside left
5-8 Step RF to right side, step LF behind right, step RF to right side, touch LF next to RF

Section 2: (ROCK BACK RECOVER-LOW KICK-TOUCH, GRAPEVINE LEFT 1/4 TURN)

1-4 Rock back on LF, recover on RF, low kick with LF, touch LF beside RF
5-8 Step LF to left side, step RF behind left, turn 1/4 step on LF, step RF next to left with weight on the right foot [9:00]

Section 3: (KNEE POPS OR BUMPS, 2 1/4 PIVOT TURNS LEFT)

1-4 Feet are together and heels on the floor. Pop knees forward starting with the left knee (one count each): left knee goes out and weight settles on right foot/hip, right knee goes forward and weight settles on left foot/hip, repeat left knee and right knee pops ending with weight on the left foot
5-6 Step forward R, turn 1/4 to the left (weight goes on left foot)
7-8 Step forward R, turn 1/4 to the left (weight goes on left foot) [3:00]

Section 4: (TWO HEEL TOGETHERS, 2 HEEL SPLITS)

1-4 Touch right heel forward, step RF beside left, touch left heel forward, step LF beside right
5-8 Split right and left heels out and back to center twice, weight shifts to the left foot at the end of the heel splits

No Tag or Restart

I hope you enjoy the dance!

Contact: strcklndra@gmail.com

Last Update - 16 Dec 2021