

拍数: 32 墙数: 4 级数: Improver
编舞者: Diana Liang (CN) - December 2021
音乐: Xiao Yao Zi Zai (逍遥自在) - Teresa Teng (鄧麗君)



Intro 32, Bpm 96

S1: Weave, Cross Rock Recover, Chasse

1-4 cross Rf over Lf, step Lf to L side, cross Rf behind Lf, step Lf to L side
5-6 rock cross Rf over Lf, recover to Lf
7&8 step Rf to R side, step Lf next to Rf, step Rf to R side

S2: Weave 1/4R, 1/4R Pivot, Cross, Sweep

1-4 cross Lf over Rf, step Rf to R side, cross Lf behind Rf, turn ¼ to R stepping Rf forward
5-6 step Lf forward, turn ½ to R stepping Rf in place
7-8 step Lf forward, turn ¼ to L sweeping Rf from back to front

Restart Here during W3, facing 12H

S3: (Forward, Point Side) RL, (Back, Hitch) RL, Back, 1/4L Hitch, Side

1-2 step Rf forward slightly cross, point Lf to L side
3-4 step Lf forward slightly cross, point Rf to R side
5-6 step Rf back hitching Lf, step Lf back hitching Rf
7-8 step Lf back hitching Rf with ¼ turn to L, step down Lf to L side

Restart Here during W4, facing 3H

S4: Rolling Vine R Clap, Rolling Vine L, Touch, Point Side

1-2 turn ¼ to R stepping Rf forward, turn ½ to R stepping Lf back
3-4 turn ¼ to R step Rf to R side, touch Lf next to Rf clapping
5-6 turn ¼ to L stepping Lf forward, turn ½ to L stepping Rf back
7-8& turn ¼ to L stepping Lf to L side, touch Rf next to Lf, point Rf to R side

Ending: at the end of W10 with the change to the 8th count of S4 to below

8 turn ¼ to R stepping Rf in place and finish facing 12H

Thanks and happy dancing!

Contact: procankm@hotmail.com