

Escape

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Diana Liang (CN) - December 2021
音乐: Tao (逃) - Xu Hou (侯旭)



Intro 16 from the first heavy beat, Bpm 72

S1 Dorothy RL, Mambo 1/4R, Cross, 1/2L

1,2& step Rf diagonal forward, lock Lf behind Rf, step Rf diagonal forward
3,4& step Lf diagonal forward, lock Rf behind Lf, step Lf diagonal forward
5,6& rock Rf forward, recover onto Lf, turn 1/4 to R stepping Rf to R side, 3H
7,8& cross Lf over Rf, turn 1/4 to L stepping Rf back, 12H, turn 1/4 to L stepping Lf to L side, 9H

S2 Cross, Side, 1/8R together, forward, tap, back, 1/8L sweep back, Reversed Weave, Sway RL

1,2& cross Rf over Lf, step Lf to L side, turn 1/8 to R stepping Rf next to Lf with knees bent, 10:30H
3&4& step Lf forward, tap Rf behind Lf, step Rf slight back, sweep Lf back turning 1/8 to L, 9H
5&6 step Lf behind Rf, step Rf to R side, cross Lf over Rf
7-8 step Rf to R side swaying to R, sway to L dragging Rf towards Lf

Restart Here during W6 after 16 counts, facing 6H

S3 Shuffle forward, forward LR, 1/2L pivot, Forward, 1/2R back, 1/2R forward, forward, 1/2 L pivot x2

1&2 step Rf forward, lock Lf behind Rf, step Rf forward
3&4& step Lf forward, step Rf forward, turn 1/2 to L step Lf in place, 3H, step Rf forward
5&6 turn 1/2 to R stepping Lf back, 9H, turn 1/2 to R stepping Rf forward, 3H, step Lf forward
7&8& step Rf forward, turn 1/2 to L step Lf in place, 9H, turn 1/2 to L stepping Rf back, 3H, sweep Lf back

S4 Sailor, 1/4 R Coaster, 1/2 R Pivot, Forward, Wind, 3/4 L Unwind

1&2 step Lf behind Rf, step Rf to R side, step Lf to L side
3&4 turn 1/4 to R stepping Rf back, 6H, step Lf next to Rf, step Rf forward
5, 6& step Lf forward, turn 1/2 to R stepping in place, step Lf forward, 6H
7, 8 touch right toes over left foot, unwind 3/4 turn to L stepping onto Lf foot, 3H

Ending: at the end of W8, with the change to the 8th count of S4 as below

8 unwind 1/4 to L and finish facing 12H

Thanks and happy dancing!

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