

Bhankarde

拍数: 24 墙数: 4 级数: Beginner
编舞者: Russ Mullens (AUS) - December 2021
音乐: Haan Karde - Rox A, Kanika Singh & Vinay Aditya



Intro - start on lyrics

(Note: I call them hitches but I mean high knees like indian dancing)

Section 1: RIGHT HITCH, CROSS TAP, HITCH REPLACE , LEFT HITCH CROSS TAP, HITCH, REPLACE

1234 Right Knee hitch, Tap Right crossing over Left, Right knee hitch, Replace right beside left,
5678 Left Knee Hitch, Tap Left crossing over Right, Left Knee Hitch, Replace Left beside Right

Section 2: RIGHT BEHIND, SIDE, CROSS , LEFT HITCH , KICK, HITCH, BACK, RIGHT SIDE,

1234 Step Right Behind left, Left to Left Side, Right cross over Left , Hitch Left leg
5678 Left Kick, Bring back to hitch, Left step back , Right to Right side

Section 3: LEFT FWD, RIGHT DIAG, TOG, FWD, LEFT DIAG, TOG, FWD 1/4 TURN RIGHT, TOGETHER

1234 Left forward, Right diagonal, Slide Left next to Right, Step Right diagonal,
5678 Left diag, Slide Right next to Left, Step Left diag with 1/4 turn Right, Step Right to face 3
o'clock

Alternate 8 counts for section 1 on Wall 5 and 6 , 21 and 22, 27 and 28

1234 Right Hitch (Clap Hand high) , RIGHT BACK, LEFT HITCH clap hand behind Back , replace
LEFT beside RIGHT
5678 repeat 1234

style tips hands movements

- Section 1 - Palms push down
 - Section 2- Palms push out on 5 and back on 6
 - Section 3 - Rolling hands and lots of hips
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