Lay Low Simply



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音乐: Lay Low - Josh Turner



#48 Count Introduction

RESTART ON WALL FOUR AFTER 16 COUNTS

SIDE ROCK, RECOVER, CROSS X2

1-2 Rock R To Side, Recover L

3-4 Step R Across L, And Ball L To Side, Step R Across L

5-6 Rock L To Side Recover R

7-8 Step L Across R, And Ball R To Side, Step L Across R

RIGHT STEP TOUCH LEFT KICK BALL CHANGE - SAME WITH LEFT

9-10 Step R To The Right, Touch L Next To Right

11-12 Kick L Out (Keep It Low), Return L And Take Weight, Step On R

13-14 Step L To The Left, Touch R Next To Left

15-16 Kick R Out (Keep It Low), Return R And Take Weight, Step On L

Restart On Wall Four Here

WEAVE TO THE RIGHT END WITH A TOUCH

17-18 Step R To The Right, Cross L Over R, 19-20 Step R To The Right, Touch L Behind R,

1/4 PIVOT TURN COASTER STEP

21-22 Step L Forward And Pivot 1/4 Right Weight Ending On R23-24 Step Back On L, Step R Next To L, Step Forward On L

SHUFFLE (CHA CHA) BACK FOR 4 COUNTS

25-26 Shuffle Back Stepping R L R 27-28 Shuffle Back Stepping L R L

MONTEREY 1/4 RIGHT

29-30 Point R Side Right. Turn 1/4 Right On Ball Of L- Step Down On R

31-32 Point L Side Left, Step L Beside R