

Don't Start Now

拍数: 32 墙数: 4 级数: Improver
编舞者: Bunda Chris (INA) - November 2021
音乐: Don't Start Now - Dua Lipa



Start Dance on Vocal

SECTION 1 * DIAGONAL STEP LOCK, SHUFFLE_*

1 - 2 Step R Forward into R diagonal lock L behind R
3&4 Step R into R diagonal, together step L beside R
5 - 6 Step L Forward into L diagonal lock R behind L
7&8 Step L into L diagonal, together step R beside L

SECTION 2 * CROSS ROCKING CHAIR, ¼ TURN R JAZZ BOX, FORWARD, SHUFFLE_*

1&2& Step R Cross over L - L in place - R back - L in place (weight on L),
3-4 Step R cross over L , 1/4 turn R step L back
5-6 Step R to side right, L Forward
7&8 R forward, L beside R , R forward

SECTION 3 * HEEL JACK_*

1 - 2&3 Step L to left side, Cross R behind L, Step L to left side
3 & 4 Touch R heel to right diagonal, Step R beside L, Cross L over R
5 - 6& Step R to right side, Cross L behind R, Step R to right side
7 & 8 Touch L heel to left diagonal, Step L beside R, Cross R over L

SECTION 4* * STEP ½ PIVOT, SHUFFLE, KICK BALL TOUCH

1-2 Step Left forward, Pivot ½ Right transferring weight onto right (9:00)
3&4 Step R forward, L beside R, R forward
5&6 Step L forward, R beside L, L forward
7&8 L Kick forward , L ball tap beside R, R touch toe beside L

NOTE

Change Step and ReStart on wall 3: after 14 counts

WALK R FORWARD, L CLOSE

1 - 2 Walk R Forward, L close tap beside R (9.00)

Change Step and ReStart on wall 7: after 14 counts

WALK R FORWARD, L CLOSE

1 - 2 Walk R Forward, L close beside R (3.00)

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