

Rudolph, the Red Nosed

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Phrased Improver
编舞者: Phin Sari (INA) & Mega Lienatha Lie (INA) - November 2021
音乐: Rudolph, The Red Nosed Reindeer - Grupo Bailar



Sequence : AAAABBBB AAAABBBB AAA (16 counts) BBBB

A :

I : FORWARD KICK, ROCKING CHAIR

1-4 Kick RF fwd (1), Step RF in place (2), Kick LF fwd (3), step LF in place (4)
5-8 Rock RF fwd (5), Recover onto LF (6), Rock RF back (7), Recover onto LF (8)

II : CROSS SHUFFLE, TURN ½ LEFT CROSS SHUFFLE

1-4 Cross RF over LF (1), Step LF to L (2), Cross RF over LF (3), Hold (4)
5-8 Turn ½ L crossing LF over RF (5), Step RF to R (6), Cross LF over RF (7), Hold (8)

III : SLOW SCISSORS STEP (RIGHT, LEFT)

1-4 Step RF to R (1), Close LF next to RF (2), Cross RF over LF (3), Hold (4)
5-8 Step LF to L (5), Close RF next to LF (6), Cross LF over RF (7), Hold (8)

IV : PIVOT ¼ LEFT WITH HOLD, JAZZBOX

1-4 Step RF fwd (1), Hold (2), Turn ¼ L weight on LF (3), Hold (4)
5-8 Cross RF over LF (5), Step LF back (6), Step RF to R (7), Step LF fwd (8)

B :

I : TOUCH, SWIVEL

1-4 Touch R toe fwd (1), Step RF back (2), Touch L toe fwd (3), Step LF back (4)
5-8 Swivel both heels to R (5), Swivel both heels back to centre (6), Swivel both heels to R (7),
Swivel both heels back to centre (8)

II : MONTEREY ¼ RIGHT (2x)

12 Touch R toe to R (1), Turn ¼ R closing RF next to LF (2)
34 Touch L toe to L (3), Close LF next to RF (4)
56 Touch R toe to R (5), Turn ¼ R closing RF next to LF (6)
78 Touch L toe to L (7), Close LF next to RF (8)

Enjoy and Have Fun !!!!

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