

Reason To Smile

COPPERKNOB
BY STEPHEN HETS

拍数: 80 墙数: 1 级数: Phrased Intermediate
编舞者: Mathew Sinyard (UK) - October 2021
音乐: Smile (Single Mix) - Sidewalk Prophets



Intro: 16 counts (18 seconds)

Sequence: A, B, Tag 1, A, B, C, A, Tag 2, B, C, A.

Dance A:

Section 1: Side Rock, Recover, Cross Shuffle, Side Rock Recover, Behind Side Cross.

- 1 2 Rock right to right side, recover on to left.
- 3 & 4 Cross right over left, step left to left side, cross right over left.
- 5 6 Rock left to left side, recover on to right.
- 7 & 8 Cross left behind right, step right to side, cross left over right.

Section 2: Ball ¼ Walk x2, Shuffle ¼, Cross Back Ball Cross Shuffle.

- & 1 2 Ball step on right, make a ¼ turn right stepping forward on left, make a ¼ turn right stepping forward right.
- 3 & 4 Shuffle a ¼ turn right stepping left, right, left.
- 5 6 Cross right over left, step back on left.
- & 7 & 8 Step ball of right beside left, cross left over right, step right to side, cross left over right.

Section 3: Side Behind, Ball Heel, Ball Touch, Ball Point Forward Side, Sailor ¼ Turn Left.

- 1 2 Step right to side, cross left behind right.
- & 3 & 4 Step on ball of right, tap left heel forward, step on ball of left, touch right beside left.
- & 5 6 Step on ball of right, point left foot forward, point left foot to left side.
- 7 & 8 Cross left behind right, make a ¼ turn left stepping right to side, step forward on to left.

Section 4: Right Shuffle Forward, Step Pivot ½, Left Shuffle Forward, Full Turn.

- 1 & 2 Step forward on right, close left beside right, step forward on right.
- 3 4 Step forward on left, pivot ½ turn right (weight ending on right).
- 5 & 6 Step forward on left, Close right beside left, step forward on left.
- 7 8 Make a ½ turn left stepping back on right, make a ½ turn left stepping forward on left (alt: Walk R L).

Dance B:

Section 1: Right Dorothy, Left Dorothy, Rock Recover Ball ½, ¼.

- 1 2 & Step right forward to right diagonal, cross left behind right, Step right forward to right diagonal.
- 3 4 & Step left forward to left diagonal, cross right behind left, step left forward to left diagonal.
- 5 6 Rock right forward, recover left. (Straightening up to 12:00)
- & 7 8 Step ball of right beside left, make a ½ turn left stepping forward on left, make a ¼ turn left stepping right to side.

Section 2: Sailor Step, Sailor ¼, Step Pivot ¼, Cross Shuffle.

- 1 & 2 Cross left behind right, step right to right side, step left to left side.
- 3 & 4 Cross right behind left, make a ¼ turn right stepping left to side, step right to side.
- 5 6 Step forward on left, pivot ¼ turn right (weight ending on right).
- 7 & 8 Cross left over right, step right to side, cross left over right.

Section 3: Side Rock Recover, Ball Full Turn, Side Rock Recover, Behind, Hip & Shoulder Bumps.

- 1 2 Rock right to right side, recover on to left.

- & 3 4 Step ball of right beside left, make a $\frac{1}{4}$ turn left stepping forward left, make a $\frac{3}{4}$ turn left stepping onto right.
- 5 6 Rock left to left side, recover on to right.
- 7 & 8 Cross left behind right, Slight hip bump to right raising right shoulder, slight hip bump left raising left shoulder ("Smile, Get Up & Dance").

Section 4: $\frac{1}{4}$, Step Pivot $\frac{1}{2}$, Ball Step, Jazz Box Touch.

- 1 2 3 & 4 Make a $\frac{1}{4}$ turn right stepping forward on right, step forward on left, pivot $\frac{1}{2}$ turn right (weight ending on right), ball step left beside right, step forward right.
- 5 6 7 8 Cross left over right, step back on right, step left to side, touch right beside left.

Dance C:

Section 1: Side Rock Recover, Ball Full Turn, Side Rock Recover, Behind, Clap Twice.

- 1 2 Rock right to right side, recover on to left.
- & 3 4 Step ball of right beside left, make a $\frac{1}{4}$ turn left stepping forward left, make a $\frac{3}{4}$ turn left stepping onto right.
- 5 6 Rock left to left side, recover on to right.
- 7 & 8 Cross left behind right, clap hands twice ("Smile, Just Clap Your Hands").

Section 2: $\frac{1}{4}$, Step Pivot $\frac{1}{2}$, Ball Step, Jazz Box $\frac{1}{4}$ Left Touch.

- 1 2 3 & 4 Make a $\frac{1}{4}$ turn right stepping forward on right, step forward on left, pivot $\frac{1}{2}$ turn right (weight ending on right), ball step left beside right, step forward right.
- 5 6 7 8 Cross left over right, step back on right, make a $\frac{1}{4}$ turn left stepping left to side, touch right beside left.

TAG 1: Rocking Chair, Right Shuffle Forward, Step Pivot $\frac{1}{2}$, Left Shuffle Forward, Full Turn.

- 1 2 3 4 Rock forward right, recover left, rock back right, recover left.
- 5 & 6 Step forward on right, close left beside right, step forward on right.
- 7 8 Step forward on left, pivot $\frac{1}{2}$ turn right (weight ending on right).
- 1 & 2 Step forward on left, Close right beside left, step forward on left.
- 3 4 Make a $\frac{1}{2}$ turn left stepping back on right, make a $\frac{1}{2}$ turn left stepping forward on left (alt: Walk R L).

TAG 2: 2x Pivot $\frac{1}{2}$ Turns, Jazz box.

- 1 2 3 4 Step forward on right, pivot half turn left, Step forward on right, pivot half turn left.
- 5 6 7 8 Cross right in front of left, step back on left, step right to side, step forward on left.

Official YouTube Channel:- www.youtube.com/mathewsinyard
