

Life Is a Mystery

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
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(FR) - November 2021
音乐: Like a Prayer (feat. Tess Burrstone) - Madism, Masove & Brendan Mills



#52 Count Intro / Approx 25 Secs

SEC 1: Walk, Walk, Walk, Shuffle, Step ½ Pivot, ½ Turn Shuffle

1-2-3 Step left forward, step right forward, step left forward
4&5 Step right forward, step left beside right, step right forward
6-7 Step left forward, pivot ½ right transferring weight onto right (6:00)
8&1 Turn ¼ right step left to left, turn ¼ right step right beside left, step left back (12:00)

SEC2: ¼ Side Cross, Side Shuffle, ¼ Samba Step, Step

2-3 Turn ¼ right step right to right, cross left over right (3:00)
4&5 Step right to right, step left beside right, step right to right
6&7 Cross left over right, rock right to right, turn ¼ left recover weight onto left (12:00)
8 Step right forward

SEC 3: Step, Full Spiral, Step, Shuffle, Rock, ¼ Side Shuffle

1-2-3 Step left forward starting full turn right spiral over 2 counts, step right forward (12:00)
4&5 Step left forward, step right beside left, step left forward
6-7 Rock right forward, recover weight onto left
8&1 Turn ¼ right step right to right, step left beside right, step right to right (3:00)

SEC 4: Hold, Ball Side, Touch, Hips x 3, Back Hitch

2&3 Hold, step left beside right, step right to right
4 Touch left beside right
5-6-7 Step left to left bump hips left, bump hips right, bump hips left
8 Step right back hitching left knee
