

Slow Down Summer

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Lynne Martino (USA) & Jill Weiss (USA) - November 2021
音乐: Slow Down Summer - Thomas Rhett : (Album: Where We Started)



Intro 16 counts - *Restart on wall 3 and 6 after 8 counts

NC BASIC, STEP SIDE ROCK BACK REPLACE, 2 PRISSY STEPS, CROSS ROCK SIDE ROCK

1-2& Long step R to right, rock back on L, replace to R
3-4& Step L to left, rock straight back on R, replace forward to L
5-6 Cross step R in front of L, cross step L in front of R
7&8& Cross rock R in front of L, replace back to L, rock R to right, replace to L

*Restart here on walls 3 and 6 (drag R next to L with touch on final count "&" to prep for NC Basic)

TWO SAILORS TRAVELING BACK, STEP BACK R AND L WITH SWEEPS, ROCK BACK, ¼ LEFT, CLOSE LEFT

1&2, 3&4 Step R behind L, rock L to L, replace to R, Step L behind R, rock R to R, replace to L
(traveling back)
5-6 Step back on R sweeping L front to back, step back on L sweeping R front to back
7&8& Rock back on R, replace forward to L, turn ¼ left (9:00) stepping side R, close L next to R
(slightly angling body to left diagonal)

CROSS ¼ ¼ HINGE TURN RIGHT, CROSS ¼ ¼ HINGE TURN LEFT, CROSS SIDE, MODIFIED SAILOR

1-2& Cross R over L (prep for right turn)(1), turn ¼ R stepping back on L (2), turn ¼ R stepping
side R (&) 3:00
3-4& Cross L over R (prep for left turn)(3), turn ¼ L stepping back on R (4), turn ¼ L stepping side
L (&) 9:00
5-6 Step R in front of L, step L to left
7&8& Step R behind L, rock L to left, replace to R, step L behind R

Chor note: Non-turning steps for counts 1-4&: Cross R over L (1) step side L (2) step R behind L (&) step side L (3) cross R over L (4) step side L (&)

¼ RIGHT, TWO STEPS FORWARD, RUN ½ RIGHT, TOUCH R BEHIND, UNWIND FULL TURN RIGHT, NC BASIC LEFT

1-2 Turn ¼ right stepping R forward (1) step L forward (2) 12:00
3&4& Run 4 steps in a right arc R-L-R-L (over rotate final L step a little) 6:00
5-6 Touch R toe behind L heel and unwind one full rotation right ending weight R
(Chor note: counts 3-6 should feel like one continuous 1 ½ turn right)
7-8& Long step L to left, rock back on R, replace to L

ENDING: Dance ends on back wall (Wall 10). Dance through and including count 6 of the second set of 8. Finish at 12:00 with the following steps: 7&8&1 Rock back on R, replace weight forward to L, step forward R, pivot ½ L, step forward on R 12:00

Choreographer's contact Info:

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