

Country Lane

拍数: 32 墙数: 4 级数: Beginner
编舞者: Dans & Moro (NOR), Heidi Brenden (NOR) & Siv Anita Jørstad (NOR) -
November 2021
音乐: Country Lane - Hege Cesilie



[1 - 8]: Half Rumbabox x 2

1 - 4 Step RF to right (1), step LF beside RF(2), step RF fw (3) Hold(4)
5 - 8 Step LF to Left side(5), Step RF beside LF (6), Step LF fw (7) Hold (8)

[9-16]: Rock Step, step back, Hook, fw step lock, step lock step

1- 4 Rock RF forward (1), recover weight on LF(2) Step RF back (3) Hook LF in front of R (4)
5, 6 Step LF fw (5), Lock RF behind LF(6)
7&8 Step LF fw (7) Lock RF behind LF (&) Step LF fw(8)

[17-24]: step ¼ turn, cross shuffle, side behind, side cross(weave)

1,2 Step RF fw (1) pivot ¼ turn left, weight end on LF (2)
3&4 Cross RF in front of LF(3) Step LF to left side (&) Cross RF in front of LF(4)
5-8 Step LF to left side(5), Cross RF in front of LF(6) Step LF to left side(7) Cross RF in front of LF(8)

[25-32]: Side rock, cross shuffle, side behind, side cross(weave)

1,2 Rock LF to left side(1) recover weight on RF(2)
3&4 Cross LF in front of RF(3) Step RF to right side(&), cross LF in front of RF(4)
5-8 Step RF to right side(5) Cross LF behind RF(6) Step RF to right side(7) Cross LF in front of RF(8)

Start again and enjoy
