

Bahama Mama

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bertanyna (INA) - November 2021
音乐: Bahama Mama - Boney M.



• Intro : 64c
• RESTARTS : -
On Wall 4 after 12c
On Wall 9 after 16c
On Wall 13 after 8c

#SESI 1 : (SLOW CHASSE) RL

1 - 2 Step R to side, close L together
3 - 4 Step R to side, Touch L beside R
5 - 6 Step L to side, close R together
7 - 8 Step L to side, touch R beside L

#SESI 2 : KICK BALL CHANGE 2X - (CROSS-TOUCH)RL

1 & 2 Kick R forward, R together n ball , step L in place
3 & 4 Kick R forward, R together and ball, step L in place
5 - 6 Cross R over L , Touch L to side
7 - 8 Cross L over R, Touch R to side

#SESI 3 : PIVOT 1/2 TURN LEFT - FORWARD LOCK SHUFFLE - PIVOT 1/2 TURN RIGHT- FORWARD LOCK SHUFFLE

1 - 2 Step R forward, 1/2 turn left recovered on L (facing 6:00)
3 & 4 Step R forward, Cross L behind R, Step R forward
5 - 6 Step L forward, 1/2 turn right recovered on R (facing 12)
7 & 8 Step L forward, Cross R behind L, Step L forward

#SESI 4 : JAZZBOX 1/4 TURN RIGHT - (SIDE-TAP)RL

1 - 2 Cross R over L, 1/4 turn right step L back (3:00)
3 - 4 Step R to side, Step L forward
5 - 6 Step R to side, Tap L close beside R
7 - 8 Step L to side, Tap R close beside L

Enjoy for dancing#

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