

These Boots Are Made for Walking

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Amy Christian (USA) - November 2021
音乐: These Boots Are Made for Walkin' - Nancy Sinatra



Intro: 16 counts.

WALK, WALK, FORWARD MAMBO, BACK, BACK, BACK MAMBO,

1-2 Step forward on R, Step forward on L,
3&4 Rock R forward, Recover back on L, Step R next to L,
5-6 Step back on L, Step back on R,
7&8 Rock back on L, Recover forward on R, Step L next to R,

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, TOES STRUTS X 4,

1&2 Rock R out to right side, Recover on L, Step R next to L, (Optional - Clap twice on &2)
3&4 Rock L out to left side, Recover on R, Step L next to R, (Optional - Clap twice on &4)
5&6& Tap R forward, Step down on R (Snaps), Tap L forward, Step down on L (Snaps),
7&8& Tap R forward, Step down on R (Snaps), Tap L forward, Step down on L (Snaps),

¾ TURN WALKABOUT, OUT, OUT,

1-6 Turning left, Walk diagonally forward with R (facing 11:30), Keep walking around L-R-L-R-L to finish the ¾ turn (facing 9:00), (Swing arms to the sides R-L-R-L-R-L),
7-8 Stomp R out, Stomp L out, (JERK - Swing L arm up and R arm down, Swing R arm up and L arm down)

BACK, TOUCH, BACK, TOUCH, TOUCH OUT-IN, OUT-IN-OUT-IN,

1-4 Step diagonally back on R, Touch L next to R, Step diagonally back on L, Touch R next to L,
5-6 Touch R Out, Touch R In, (*On walls 2, 4 & 6, which is the chorus, LEAVE OUT these 2 steps),
7&8& Touch R Out, Touch R In, Touch R Out, Touch R In,

Start over!

*EASY RESTARTS - 30 Counts, happens on the CHORUS, which is every other wall. Walls 2, 4 & 6, Just leave out the "Slow Touches" on 5-6 and do the Quick Touches instead and restart.

BIG "FUN" ENDING - On the last wall, Wall 6, dance till she says " Start Walking" Just walk around, all over the floor in any direction, then walk off the floor!

SEQUENCE: 32, 30, 32, 30, 32, 30.

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